

## Blessing and Family Newsletter: Engaged Couples Prepare for the Blessing

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December 13, 2019



**BLESSING & FAMILY MINISTRY**  
FAMILY FEDERATION FOR A HEAVENLY USA

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*"We marry to resemble the form of God. God exists with dual characteristics of masculinity and femininity. Men and women were created to reflect the dual characteristics of God."  
- True Parents*

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### Engaged Couples Prepare for the Blessing in Subregions 2, 3, and 5

Level 3 Blessing Workshops took place across the nation for couples preparing to attend the 2020 Cosmic Blessing. The Level 3 content is an interactive experience designed for engaged couples that are preparing to receive the Marriage Blessing and start married life. The content is developed by Unificationist counselors and marriage educators, John Williams and Debby Gullery.

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## High Noon Webinar: 2019 In Review & 2020 Plan

[Dec. 19 at 9PM \(EST\)](#)

The High Noon team will be sharing about all that was accomplished in 2019, and what they are planning for 2020! Join the action next Thursday, Dec. 19!

[SIGN UP](#)



## High Noon is Starting a Podcast and Looking for Help!

High Noon is excited to announce a High Noon Podcast that will begin in 2020! The podcast will be a great way for you and loved ones to gain insights on sexual integrity, sexual intimacy, and overcoming pornography. In order to create a high-quality production of podcast episodes, they are looking for volunteers!

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## Why Are So Many Indian Arranged Marriages Successful?

[Psychology Today](#)

During my two plus decades living in the United States, I have seen many changes occur in my native India. The country eradicated the scourge of polio, sent a rocket ship to Mars on a shoestring budget, built modern highways crisscrossing the country, and flexed its economic muscles, raising tens of millions of people out of

poverty...

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## Video: The Toxic Effect of On-Going Criticism in Marriage

In this brief clip, Marriage therapist Esther Perel discusses why on-going criticism has such a toxic impact on marriage relationships. She explains how it produces the opposite effect couples are looking for and offers concrete suggestions to improve our communication skills.

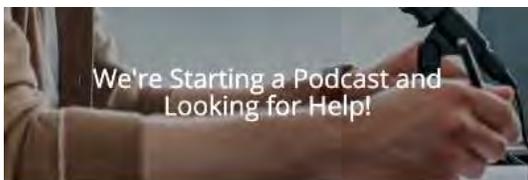
[WATCH VIDEO](#)



## Article: Franz Kafka and the Lost Doll

Kafka happened to meet a girl who had lost her doll. He chose to do something to create an adventure out of a loss. We all have opportunities in life where we have the choice to make a difference by our words and actions. Especially during this holiday season, may we all choose to be loving and kind...

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## High Noon Highlights | Weekly Newsletter

Here's what High Noon has been up to this week! Be sure to [subscribe to their newsletter!](#)