

How Will You Celebrate Your New Year's?

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Yes, it's true; 2018 is now coming to a close, and a new year awaits us. How will you be marking the end and the beginning of a year? Check out some ways to highlight New Year's Day for it to be a day of thankfulness for all that has passed and a day of hope to what's to come:



Home Movies and Popcorn

If you're the type of person who documents and records your day-to-day activities, you may have tons of saved pictures and videos from throughout the year: birthdays, traveling, and day-to-day events. Now is the perfect time to organize and share your favorite moments and memories of 2018. Get the whole family together and make some popcorn! It can be a joyous evening of nostalgia and strolling down memory lane.



Game Tournament Night

With a whole year passed, a great way to conclude the year is to let loose and have some fun. Invite your friends and family for an evening of fun and games! Dust off that deck of cards or Monopoly box and set up a tournament night. By getting everyone involved in some good natured competition, ending the year can be a night of joy and laughter and a great way to end it on a good note. May the best person win!



Donate 10 Personal Belongings

If you're quite the shopper or love collecting things, you may have accumulated many items around the house. As an end-of-the-year cleaning, pick 10 items to get rid of or donate. Items such as books, clothing, or household objects can be donated to a nearby Goodwill or Salvation Army for a good cause. It's a great way to enter the New Year free of clutter and feeling happy for doing a good deed.



Extend a Heartfelt 'Thank You'

Gratitude is one of the most powerful ways to approach life and digest the many things that we encounter. With growth being life's most essential purpose, you may have had many experiences throughout the year that brought you to both high and low places. Think of the lowest points in the year, and ask yourself who was still standing beside you in those moment. It's a chance to let those people know exactly how much they've meant to you. It's a good way to express thanks to those around you and to let them know what kind of impact they have made on you.

New Year's Day may be a day that you always let pass by. But this year, invite more meaning and a sense of new beginning for a wonderful start to the New Year ahead.