

FFWPU UK Seonghwa Ministry: The Bereavement Journey - 6-session course

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December 18, 2020



The Seonghwa Ministry is offering The Bereavement Journey, a 6-session course developed by Holy Trinity Brompton, for anyone who has been bereaved and/or is dealing with grief.

In the words of Holy Trinity Brompton: "By means of a series of films and discussion groups the course gently guides bereaved people through the most common aspects of grief, enabling them to process the implications for themselves and discern next steps."

You will be guided on a well-structured, spiritual and emotional journey. Franklin and Matthew will facilitate the course, which includes talks and small discussion groups.

Details of the Course:

Date: Friday evenings, January 8, 15 and 22, February 5, 12 and 19

Time: 7.30pm – 9.30pm

Price: £20 for 6 sessions including a workbook

Participants must commit to taking part in the whole course.

Please register with Francoise M. We hope the Seonghwa Ministry can serve you through this initiative.