

Ending the Cold War 141-26-13-40

Dr. Chung Sik Yong, March 15, 2022

I visited Anchorage, Alaska, from 11th to 13th of March. Rev. Kevin Thompson and Rev. Eugene, who is a Pastor of Anchorage Family church and our members welcomed me to Anchorage.

I shared with local leaders the vision of our 2nd 50 States Tour centering on the establishment of youth centers in 50 States to revive the faith of young people through CARP activities.

We had a breakfast meeting together with Anchorage family members.

After that, we visited the Anchorage Holy Ground at McHugh Creek with our members.

Also, we went to the University of Alaska Anchorage. We made a holy ground at the university and prayed together to be able to establish a CARP Chapter Alaska and to witness to young people there.

After we came back to Anchorage Garden, I listened to the life testimony of each of our 2nd Generation, and I guided them and talked to them about God's vision and about their purpose of life. I had a good time with our young leaders and members. I (also) met some of our brothers and sisters in Anchorage church.

Today I'd like to talk about "Ending the Cold War" from *True Mother's Anthology 1*''

At that time, True Father left Korea and went to the United States. He said that he had come as a doctor because America was sick, and that he had come as a fireman because America was on fire. These words aroused the leading class of the United States. They came to respect him. However, some politicians without a vision for the future placed obstacles on his path. He still forgave them and awakened the United States, and in the end, he contributed to the downfall of Communism. Not only that, he also founded the Association for the Unity of Latin America (AULA) and helped to protect the nations of South America from the threat of communism. In this way, a single individual accomplished things unknown to the rest of the world, which even nations with vast power and wealth could not achieve. (2015.08.30, CheongShim Peace World Center)

This unfolded during the time when True Father was in Danbury prison in 1985. Father decided we should declare the end of communism at an upcoming PWPA conference. Dr. Morton Kaplan was in charge of organizing the conference. He was a world-renowned scholar with extensive knowledge in international politics. Father called Dr. Kaplan to Danbury prison and instructed him to declare at the conference that communism would collapse soon. Considering his global

reputation, Dr. Kaplan was in a position where he could not speak things that he was not sure about. So, for him, saying such a thing seemed a fearful task. Three times he suggested to Father the idea of adding the word "maybe." However, Father firmly told him to declare that communism would collapse. Do you know where this was declared? It was declared at the Intercontinental Hotel in Geneva, Switzerland, which was near the Soviet Embassy. In 1985, communism was still very powerful. However, what happened to communism five years later? You need to know that True Parents were conducting such a providence, unknown to anyone. (2015.12.06, 2015, Cheon Jeong Gung)

Today we will study True Father's words on the end of communism.

Communism did Not Last More Than Seventy-Three Years

<Cheon Seong Gyeong, P. 1105> No progress ever comes through struggle or fighting. When there is fighting, both sides suffer. Communism, which teaches that things develop through struggle, did not last more than seventy-three years. I had already predicted this as early as the 1950s. I said, "if communism lasts longer than seventy-three years, you can burn my fingers!" But it indeed collapsed after exactly seventy-three years. Anyone who instigates a struggle surely brings destruction upon himself. He causes his situation to worsen. The concept that struggle brings progress is illogical. Struggle cannot take us beyond our current level.

Wow! Our Father's conviction is so strong. Definitely communism will collapse. According to his principled point of view, he clearly declared that communism would collapse.

Due to Abraham's failure in the symbolic offering, it was God's judgement to have his descendants suffer 400 years of slavery in Egypt. But that was prolonged to 430 years.

According to True Father's words, he had the conviction that no matter how much Communism prospers, it cannot go beyond the top of the growth stage. Just as Father predicted, centering on the number seventy, the number of the top of the growth stage, communism collapsed seventy three years after its birth.

The final task that remains is the issue with North Korea. North Korea established its government on September 9th, 1948. The date of the end of 73 years is September 9, 2022 this year. I am curious about what kind of things will happen from now until September of this

year. True Mother successfully concluded the World Summit of this year. On this successful providential condition, from now on, there will be many changes between North and South Korea.

In order for the reunification of North and South Korea to happen, America and Japan, which are the Abel-side nations centering on Korea, must fully support Korea. Centering on True Mother, the mother nation, Japan, and the elder son nation, America, need to become one with the father nation, Korea.

On Cain's side, North Korea is the father nation, China is the Eve nation, and Russia is the elder son nation. Just as Japan and America's influence is highly important to South Korea in the reunification of Korea, the influence of China and Russia on Cain's side also has enormous power.

Through the current Russia-Ukraine War, Russia and China are facing great danger. All democratic nations are coming together and handling this. Know that God is planning a providence so amazing that we do not know about.

That is why now many things will happen centering on the Korean Peninsula. We need to not only pray about how to solve the problems between Russia and Ukraine. Of course, we need to pray for our members' protection and safety, and then as soon as possible they need to finish the war. However, we really need to know what God's plan is. Through that sacrificial condition what is God going to do? Centering on the Korean peninsula, Russia and China and Abel side Japan and America, many things will happen. That is why we need to totally unite and support our fatherland centering on Korea and how we can really build the cheon il guk nation in Korea.

<Cheon Seong Gyeong, P. 1105> I fought for forty years based on Unification thought and the theory of Victory over Communism. I knew that the Communist Party was destined to collapse. When the people discard communism, what will they replace it with? They will cling to whatever the Communist Party most vigorously opposed. That is the only thing they can do. Whatever the communists opposed will become the start of the period of transition.

That is why, without any hesitation, I have relentlessly fought against communism, even as the communist world and even the free world so desperately opposed me. When I went to Moscow recently, I clearly declared that communism would collapse and I introduced God. I said that in order for the Soviet Union to find God in the future, they would have to rely on my teachings. My words are fundamentally different from the views expressed in the Orthodox Church and other established churches. They are words that bring God into

the center of our lives. From that point of view, I made a historical declaration.

LIVING DIVINE PRINCIPLE : Principles of Creation 25 - The Perfection of the Individual is the Completion of Mind-Body Unity

Let's study the EDP content first.

God's First Blessing: Individual Perfection

• *The key to God's first blessing is the perfection of individual character.*

• *An individual's mind and body are discrete projections and object partners of God's dual characteristics. In order for an individual to perfect his character, he must form a four position foundation within himself whereby his mind and body become one through give and take action with God as their center.*

• *Such individuals become the temples of God (1 Cor. 3:16), achieve complete oneness with Him (John 14:20), and acquire a divine nature. They experience the Heart of God as if it were their own. Hence, they understand His Will and live fully attuned to it.*

• *When a person abides in the state of individual perfection, he lives as the substantial object partner to his mind. Because the center of his mind is God, he also lives as the substantial object partner to God.*

• *Both the mind and God feel joy as they experience their internal nature and external form through the stimulation which their object partners give them.*

• *Accordingly, when a person realizes God's first blessing, he becomes God's good object partner to inspire Him with joy. Sharing all the feelings of God as his own, he would never commit any sinful acts that would cause God grief. This means he would never fall.*

Let's study Father's word based on this content.

How to Unite Your Mind and Body

<242-56> Do you trust your mind? Your mind is more important than I. You should know that you must invest everything on behalf of God. I am saying that you should trust your mind. God invested one thousand and ten thousand percent of His being into your mind and forgets that He had invested. If you can respect your mind as having that kind of value, you can immediately bring your body to submission. Doesn't this sound easy? To what extent did I say you should value the commands of your mind? [One thousand percent.] If you can feel and appreciate its value at one thousand and even ten thousand percent, it would be nothing to bring your body to submission. That is why I say you should pray while examining your mind. I am saying that God is in your mind. Your mind is God's sentry post.

True Father said, "Trust in your mind. Your mind is more important than True Parents."

One of the ways to dominate the body is to believe in

your mind 100% or more than 1000% as the mind of heaven.

Go beyond the level of absolutely trusting your own mind and respect it. Just as we absolutely follow the commands of someone we respect, think of your mind as God's mind and absolutely respect it.

(Because) you trust in and respect your mind, you will not follow the commands of your physical body and you will come to dominate the body.

However, we listen more to our physical order than to the voice of our mind. That is a problem. When we hear and really trust our mind 100% -- Father said even 1,000%, even 10,000% -- if we trust our mind that much and absolutely obey and unite with our mind, respect our mind more than our physical mind, Father said, this is the way to control our physical body. This is beautiful guidance.

However, we always ignore our spiritual mind. This is the problem. We always listen to our physical mind rather than (to) our spirit mind. Therefore, we need to really treat our mind (well). "My mind belongs to God. (I need to) treat my mind as God's mind and respect and follow and unite and trust (it) more than my physical desire or mind." This is the way we can control our physical body, Father said.

Why do we follow our physical mind more than our spirit mind? That is a problem.

Father says (to) know that our mind is the temple where God comes in and dwells, it is God's sentry post.

On the Foundation of Unity

<242-60> *Peace, happiness, freedom and hope can exist only on the foundation of unity. How can there be freedom when your mind and body are not united? When you go to work, how can you establish your position if your mind and body are fighting as if it were a World War? How can there be freedom? The word freedom itself does not like this. How can there be happiness when your mind and body are in conflict? Isn't that why you grapple with problems concerning life? This is fundamentally a great problem. How can there be happiness or peace in a place where the mind and body are not united.*

Human beings' complete peace, happiness, freedom and hope can exist only on the foundation of unity between mind and body.

Where there is no unity between mind and body, complete peace and happiness and freedom and love and hope -- does not make any sense. As long as you struggle between your mind and body, you cannot gain peace and happiness and freedom and love and hope. That is why we can feel complete peace and happiness and freedom and hope based on unity between our mind and body.

If you do not overcome the body, you will always

live in conflict. There is no real peace there.

This is really our task: How we can overcome this kind of struggling and how we can overcome physical limitations to bring complete peace and happiness and freedom and hope.

Three-Stage Unification Process

What must be done at the formation stage? [Mind-body unity.] Growth stage? [Unity between husband and wife.] Completion stage? [Unity between parent and child.] Without this, you cannot become a family that is preserved in heaven. If you fail to achieve any one of these, when you enter the afterlife, you will find yourself in paradise rather than the kingdom of heaven for Blessed families—signaling that you still have training to do. Then you would have to wait thousands or billions of years. You must understand how terrifying the retribution of the Fall is. You have to understand that you must do whatever it takes to cleanse yourselves of the Fall while you are still alive on the earth.

Among the tasks of our life, the most difficult is the three-stage unification process.

The first is the unity between mind and body at the formation stage. The second is the unity between husband and wife at the growth stage. Third is the unity of parent and child in the completion stage.

Even though we are listening to Father's word, it is not easy to reach that goal of making unity between the mind and body. Without making unity between mind and body, we always try (to) relate to our spouse. (But) we make more problems, right?

Always we need to go back to our original point. The extent to which I make unity between mind and body, this is the condition for me to make unity with my spouse and children. If I really solve the problem, the conflict between my mind and body, we can reduce a lot of problems between husband and wife and we can influence our children.

If these three major unifications are not achieved, even after receiving the blessing and (if we) go to the spiritual world, we will have to receive training in the spiritual realm of the Unification Movement for Blessed families.

It is said that once you go to the spirit world, it will take thousands or hundreds of millions of years to fix your own mind and body problems, your marital problems, and your children's problems.

Therefore, no matter what happens, when you are using your body on earth, you must solve this problem first and then go.

They say that once you take off your body and go to the spirit world, it is not easy to be resurrected again.

Once you go, it is almost impossible to resurrect

yourself. Very difficult.

Any ancestors who have passed away and have not completed their spirit body need to come down to the earth and look for somebody. Many of them line up to see which person can fit them to (help them) grow up. This is not a simple issue.

TODAY'S YOUTH MINISTRY: Be Deeply Devoted to the Small Things

I would like to re-emphasize this because it is so important. Many people fail because they do not know the reason why we need to be devoted to small things from the beginning. That is why I would like to remind you about the importance of a life of devotion to small things.

1. You should become people who fulfill your responsibilities by regarding every moment that you find yourself in or the reality you face as part of eternity. If you cannot fulfill your responsibility in the position you are currently in, you will not be able to build a relationship with God even if you go somewhere else. You should always live according to the Truth and you should build unbreakable heartistic bonds with those around you. When striving to fulfill your current responsibilities, life will only become complicated if you focus too much on self-centered idle thoughts, foolish fantasies, or narrow ways of thinking. You should become deeply devoted to the small things and live a lifestyle enraptured by the hopes of your original nature. Value even the very small things and take responsibility carefully. Serve yourself well and serve even a beggar well. To be registered in heaven is to regard everyone and everything as precious and valuable.

No matter how long the course of life is, it cannot exceed 100 years. In this short period of time, I must complete my spiritual body and complete my family.

In the time given to me, every moment is like gold, like a golden time. Therefore, I must have the determination to live my life without wasting even a second, not ignoring even a single person, and not ignoring even the smallest things, and I must have the mindset to fulfill my responsibilities.

I really came to realize that every second, every minute, how important they are. That is why in our life of faith we always need to be careful how I deal with my time, how I deal with a single person, how I deal with even the smallest things. If you ignore just one second, if you ignore a single person, if you ignore even the smallest things, then your life of faith is not faithful. You cannot achieve big things as well.

I need to think that the people I meet are the people whom God made (to have) a bond with me. Whenever I meet someone, I need to have a bond relationship with that person, an unforgettable relationship, an inseparable

relationship.

What do you think about? About your spouse? Your Abel? Your Cain? Your children? Even your outside people? Your colleagues? Anyone who relates with you, you need to make a bond relationship, a heartistic, unforgettable relationship. Otherwise you are just wasting your time. When I realized this point, wow! What is my portion of responsibility? You need to really treat (those) who are working with you (very well). You need to create a bond, heartistic relationship with that person. I need to live with the bond(?) of my heart, no matter what.

And since the work given to me is given by God, my spiritual body is completed by taking responsibility for the work given to me.

God gave me this mission -- not Abel, not someone (else). This is really God's will. I need to invest my effort and heart (in it). I need to do it faithfully, diligently, voluntarily and joyfully. Otherwise I am wasting my time.

That is why it is also mentioned in Luke 16:10 in the Bible, "Whoever is faithful in very little is faithful also in much; and whoever is dishonest in very little is dishonest also in much"

This is beautiful guidance.

2. There is no hope for those who do not live a rich personal life. To abandon one's reality to wander place to place offering devotion and fasting in search of a wonderful teacher is all a gamble. It is analogous to a gambler to irresponsibility put aside your life in search of something else. These kinds of people live in a fantasy thinking they can ignore their responsibility in the name of mass witnessing projects or that they can call upon the spirit world to divide the Red Sea in order to advance. These kinds of people should invest more in what they can do right now. They shouldn't act with the mindset to "just get it over with." They should become people who arm themselves with the Word, believe that God's wish is their own wish, and pray to strive for and penetrate God's Will.

It is important to have a vision and a dream in life. However, for those who do not pay the price and make no effort in real life to achieve their vision and dream, all of that becomes a fantasy and an illusion.

Many people have dreams, but they end up in vanity because they are not sincere and do not do their best in the given reality to make those dreams come true. It's like a gambler because it's a position where you do not try and only expect results.

3. Anyone can do it if they try hard. God does not give His children challenges they cannot overcome. Don't think about how heavy your responsibilities are but diligently invest your heart in the smallest task in front of you first. It is not complicated. It is all possible with training. You can grow even if you have the mindset to

repent on your life as you eat. The food you eat may be delicious, but you should become people who can evoke emotion and swallow your tears as you think, "I cannot repay Your love! Father, I am sorry." Say that you want more food because you enjoyed it. You must realize that your parents will make the excuse that they cannot eat anymore because they didn't like it just so they can give it to you. Mature people are those who live with the understanding of this vertical relationship.

Under any circumstances, do not think that "My responsibility is heavy." Trust that God will never give you responsibilities that you can't handle

If you think your responsibility is too big and heavy, you can start with the few things you can do and be victorious with all your heart.

When I carry out my responsibilities, if I do not do it with a joyful heart, my responsibility becomes a cross.

So, don't think that I do it, but think that if I am determined to do it, God does everything.

In fact, God has prepared all the environment so that I can fulfill my responsibilities.

To say that God is 95% responsible means that God has already prepared 95% of everything. My responsibility is to deny myself and invite God, then everything will go smoothly.

That is why you need to have that kind of faith: God has already prepared 95%. Then what is my portion of responsibility, my 5%? That is self denial. I belong to God. As long as I completely deny (myself), that is my portion of responsibility. If I deny myself, wow! "I can do it in the name of God and True Parents. God already prepared 95%. Why do I worry about my 5% portion of responsibility?" Of course, for any human being it is not easy to fulfill (his) 5% (portion of) responsibility. However, you need to have that kind of mindset. Then your heavy cross is much, much lighter. Then you have confidence. "God provides air, sunshine and water. He prepared everything. Compared to God's portion of responsibility (my responsibility is small)."

That is why I need to have confidence. I cannot do it with my own power. God already prepared 95% of the responsibility. That is why I really (need to) deny myself. That is my portion of responsibility. I am not doing (it); God is doing it. My portion of responsibility is self-denial. Then God will give me wisdom and strength and revelations about how to overcome and do (it). That is the power of self denial.

Why is it not so easy? Because it is not easy to deny my own self. That is why when we completely deny ourselves, we can get wisdom and revelation. God will always be with us.

4. To describe True Father's lifestyle in one sentence,

he was someone who made other people happy by helping other people with their pitiful or sorrowful circumstances. It is our True Parents' wish that their children can also live such a lifestyle. True Parents constantly suffered persecution, criticism, and trials as they fought for human salvation. Nevertheless, they have left behind achievements to be looked up to. Just as True Parents did, we, too, should calmly begin from the very small tasks, valuing them with our lives and taking responsibility. We should become people who reach out to other people's sorrows and bring them joy. When we do this, Heaven can bestow His authority upon us.

How did True Father get strength from heaven? True Father always lived by helping others. If there is a person suffering the most, he put everything aside to help. When we help people in need like True Father, our spirit bodies are meant to gain strength. Giving to others will surely give you strength. This is the law of the universe.

That is why I would like to tell you again. Sometimes I cannot feel power and am so tired -- no more battery. That is a sign you need to give, give away. When I invest my heart doing something for others, helping others, then immediately I can get back my energy and power. That is why I deeply appreciate True Parents' guidance that we need to give and give. That is the way our spiritual body can survive and grow and develop. This is a top secret. Many don't know this top secret.

Give. It doesn't matter how much money. Not only material, you need to give your heart and mind, even the word. Take care of people very well. This is very powerful. That is why we have to be a champion of giving. True Mother is a champion of giving.

Even if it is a very small task, as the Bible says, if you live with a sincere heart of serving your little one with a bowl of cold water, anyone can happily fulfill their responsibilities.

Even though we talk about a big dream and a big vision, it begins with smaller things. We need to be faithful to smaller things. That is the way we can gain strength and achieve our goals.

Therefore we have to be deeply devoted to the small things first. Then guaranteed, our life will become a successful life.◆

NOTE: This lightly edited transcription may contain errors and omissions. Indecipherable or uncertain words and guesses are tagged with a "(?)" and indecipherable phrases, with an ellipsis "...". First, second and third person pronouns have been left as spoken if the meaning is clear, and other apparently Korean English expressions have been preserved. Some repeated phrases have been eliminated. This text and the powerpoint slides from this speech are available as pdf files at the top of this text and at text.morndev.com & yong.hoondok.com. Audio only is available at anchor.morndev.com, spotify.morndev.com & audio.morndev.com.◆

Episode 141

Morning Heart Devotion

The 13th 40 day Jeongseong Condition (26th day)

141 day (506)

Ending the Cold War

냉전종식

Mar 15, 2022

North America HQ

Welcome Dr. Chung Shik Yong!







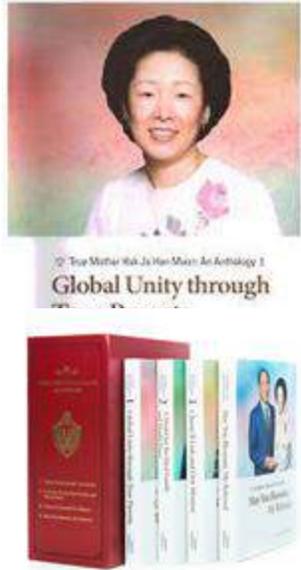






Ending the Cold War

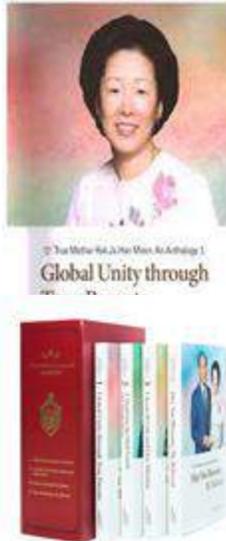
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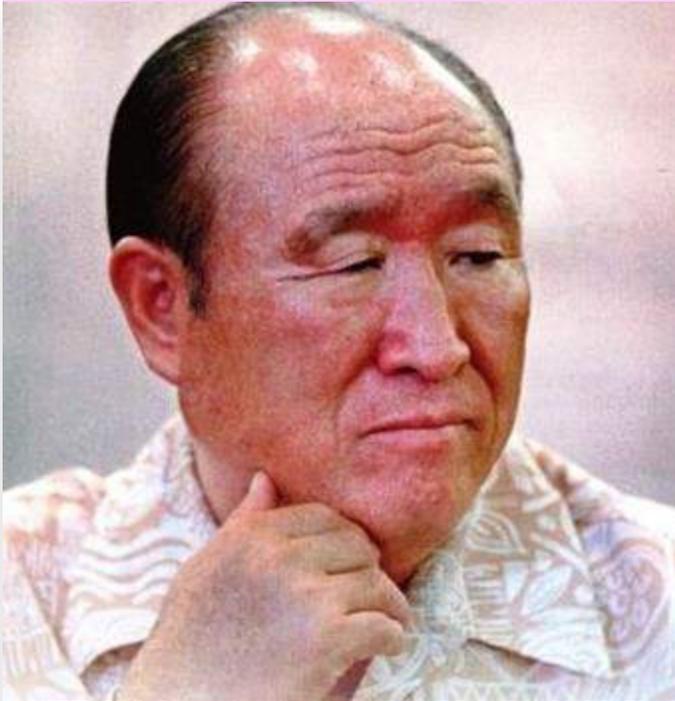
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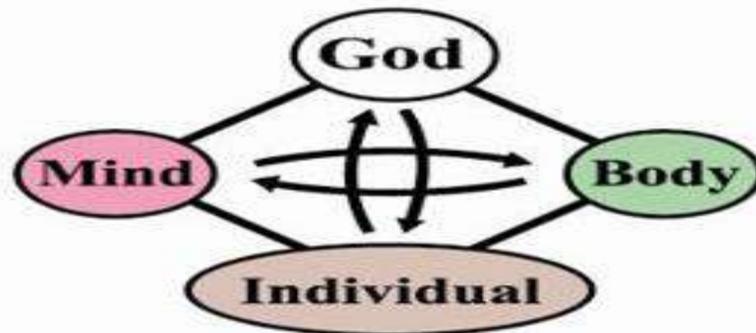
Living Divine Principle

Principles of Creation 25

-The perfection of the individual is the
completion of mind-body unity-

개성완성은 몸과 맘의 통일의 완성

God's first blessing: individual perfection



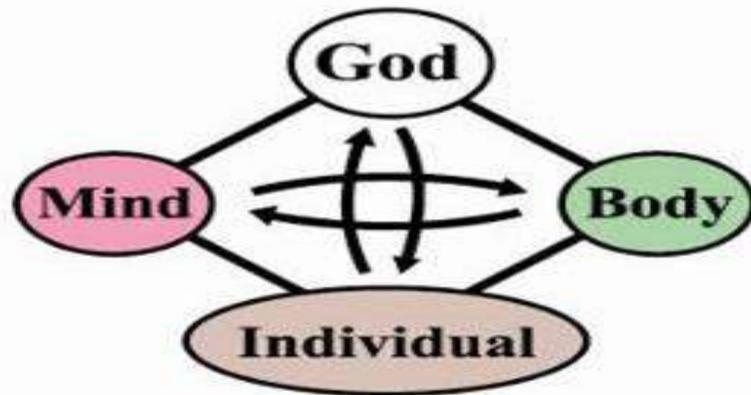
**Individual four
position foundation**

Fully attuned to God's Will

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- **Oneness (John 14:20), divine nature**
- **Experience the Heart of God**

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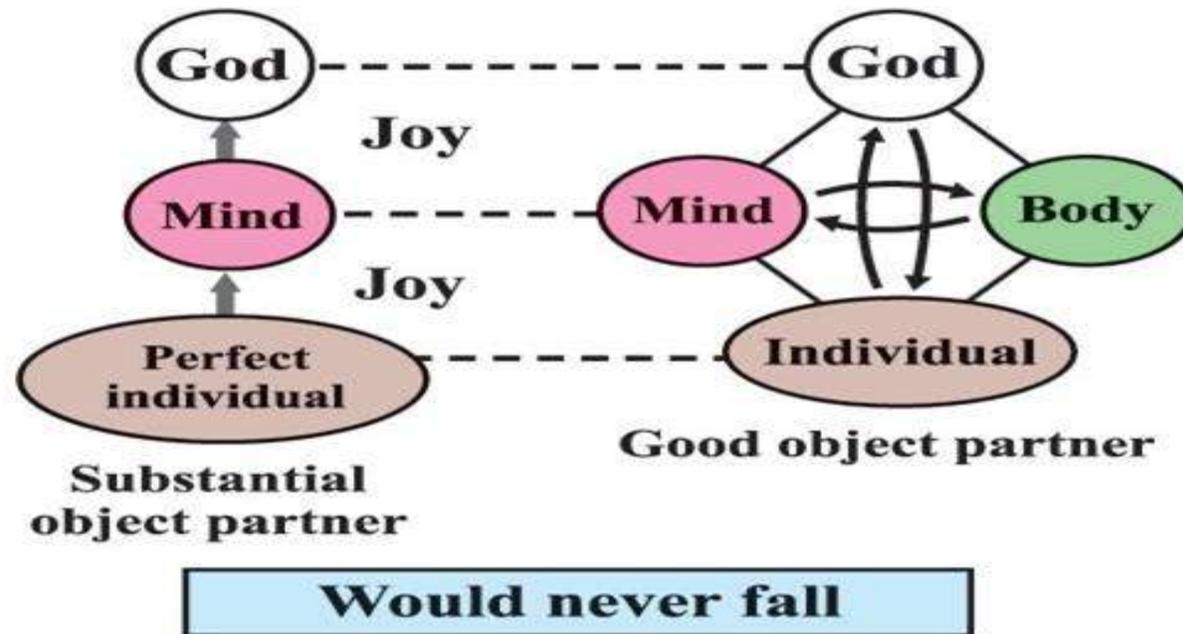


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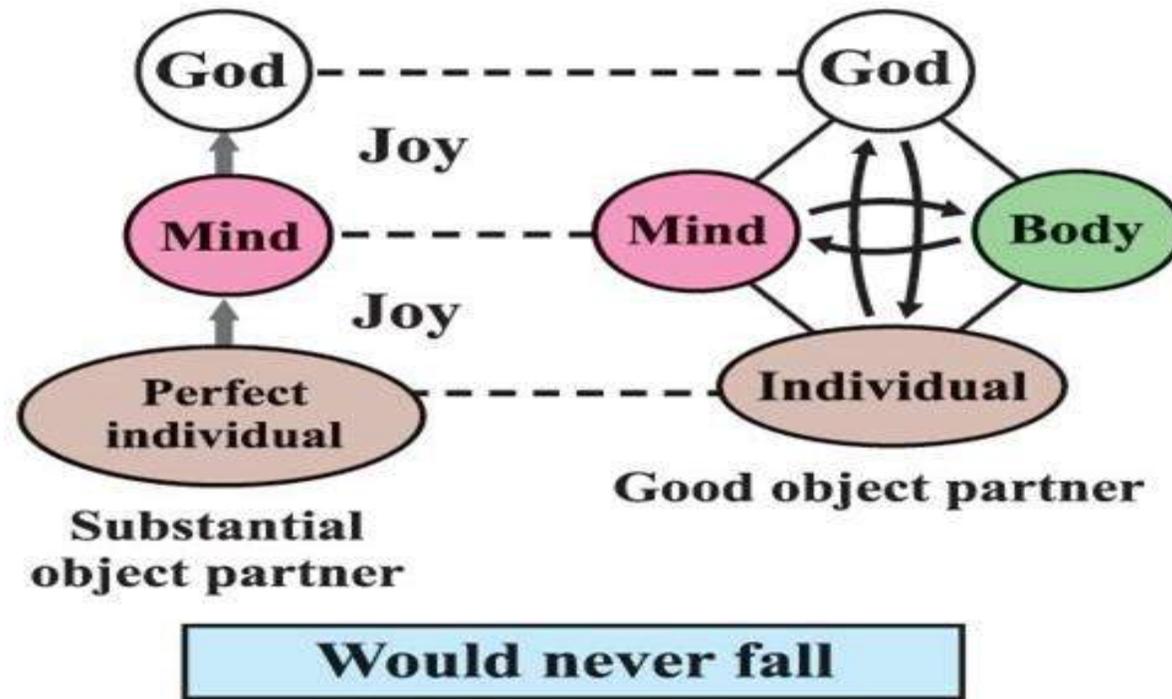
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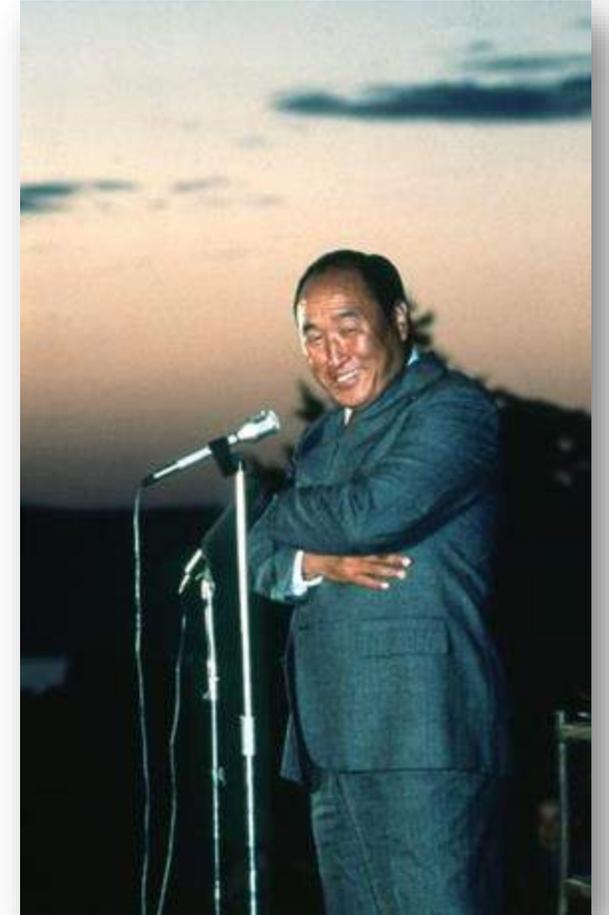
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<242-60> Peace, happiness, freedom and hope can exist only on the foundation of unity. How can there be freedom when your mind and body are not united? When you go to work, how can you establish your position if your mind and body are fighting as if it were a World War? How can there be freedom? The word freedom itself does not like this. How can there be happiness when your mind and body are in conflict? Isn't that why you grapple with problems concerning life? This is fundamentally a great problem. How can there be happiness or peace in a place where the mind and body are not united.

Three-stage Unification Process



What must be done at the formation stage? [Mind-body unity.] Growth stage? [Unity between husband and wife.] Completion stage? [Unity between parent and child.] Without this, you cannot become a family that is preserved in heaven. If you fail to achieve any one of these, when you enter the afterlife, you will find yourself in paradise rather than the kingdom of heaven for Blessed families—signaling that you still have training to do. Then you would have to wait thousands or billions of years. You must understand how terrifying the retribution of the Fall is. You have to understand that you must do whatever it takes to cleanse yourselves of the Fall while you are still alive on the earth.



Today's Youth Ministry

**Be Deeply Devoted
to the Small Things**

지극히 적은 일에 충실하라



Be Deeply Devoted to the Small Things

1) You should become people who fulfill your responsibilities by regarding every moment that you find yourself in or the reality you face as part of eternity. If you cannot fulfill your responsibility in the position you are currently in, you will not be able to build a relationship with God even if you go somewhere else. You should always live according to the Truth and you should build unbreakable heartistic bonds with those around you. When striving to fulfill your current responsibilities, life will only become complicated if you focus too much on self-centered idle thoughts, foolish fantasies, or narrow ways of thinking. You should become deeply devoted to the small things and live a lifestyle enraptured by the hopes of your original nature. Value even the very small things and take responsibility carefully. Serve yourself well and serve even a beggar well. To be registered in heaven is to regard everyone and everything as precious and valuable.

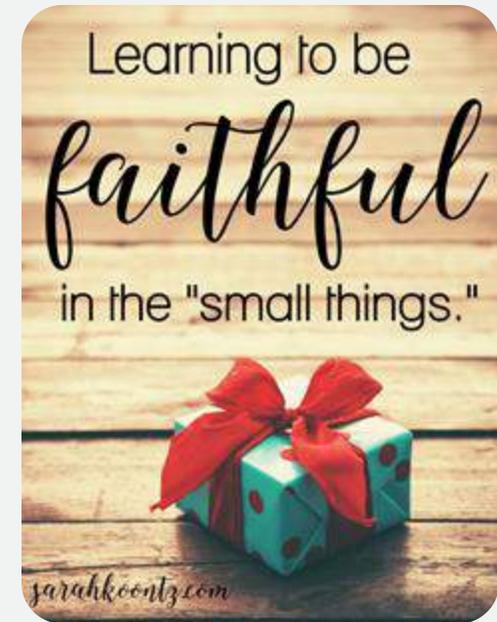


LUKE 16:10

**“WHOEVER CAN BE TRUSTED
WITH VERY LITTLE CAN ALSO BE
TRUSTED WITH MUCH, AND
WHOEVER IS DISHONEST
WITH VERY LITTLE WILL ALSO BE
DISHONEST WITH MUCH”**

DISHONEST WITH MUCH
WITH VERY LITTLE MITT BEZO BE
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2) There is no hope for those who do not live a rich personal life. To abandon one's reality to wander place to place offering devotion and fasting in search of a wonderful teacher is all a gamble. It is analogous to a gambler to irresponsibility put aside your life in search of something else. These kinds of people live in a fantasy thinking they can ignore their responsibility in the name of mass witnessing projects or that they can call upon the spirit world to divide the Red Sea in order to advance. These kinds of people should invest more in what they can do right now. They shouldn't act with the mindset to "just get it over with." They should become people who arm themselves with the Word, believe that God's wish is their own wish, and pray to strive for and penetrate God's Will.

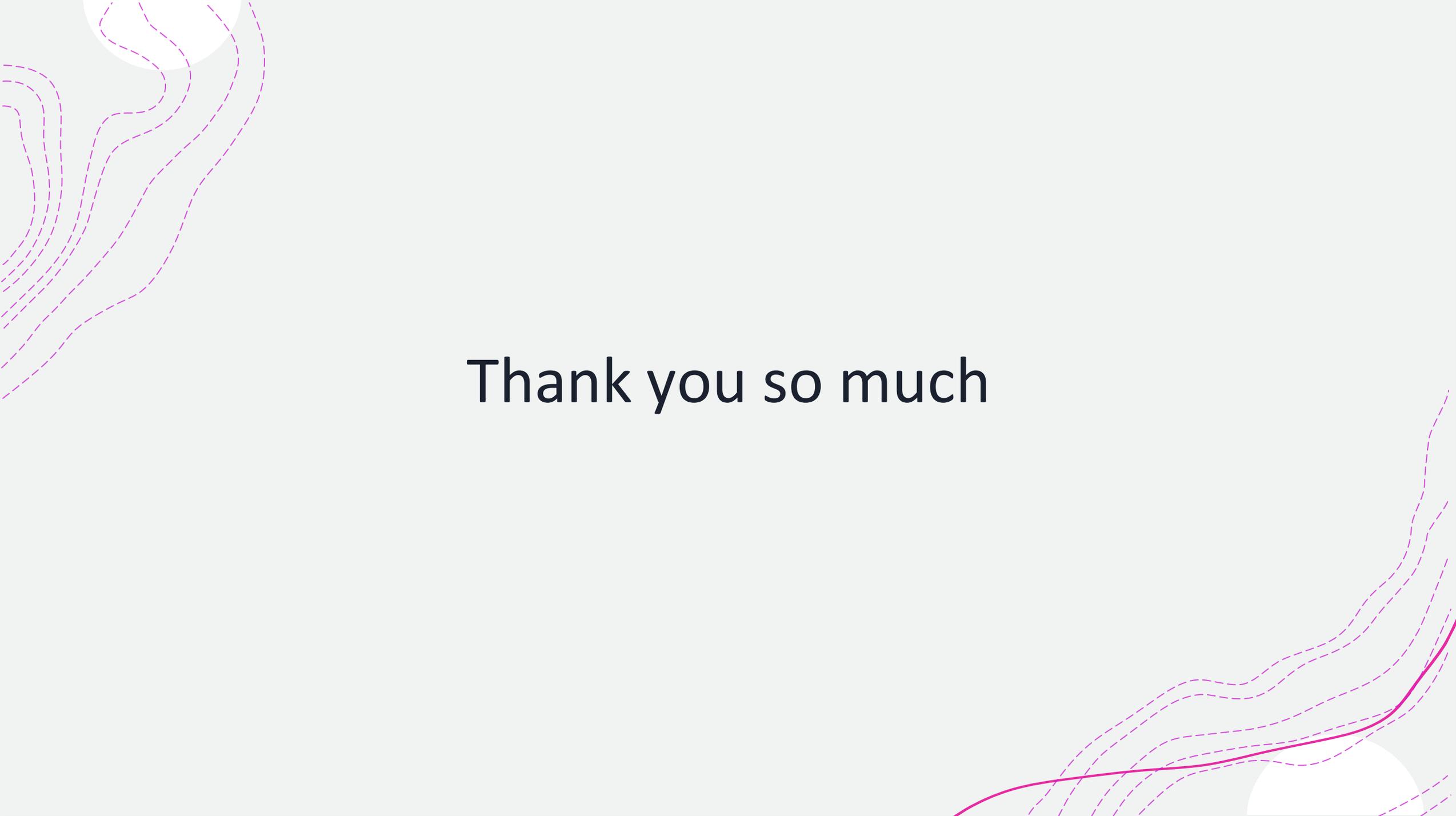




3) Anyone can do it if they try hard. God does not give His children challenges they cannot overcome. Don't think about how heavy your responsibilities are but diligently invest your heart in the smallest task in front of you first. It is not complicated. It is all possible with training. You can grow even if you have the mindset to repent on your life as you eat. The food you eat may be delicious, but you should become people who can evoke emotion and swallow your tears as you think, "I cannot repay Your love! Father, I am sorry." Say that you want more food because you enjoyed it. You must realize that your parents will make the excuse that they cannot eat anymore because they didn't like it just so they can give it to you. Mature people are those who live with the understanding of this vertical relationship.

4) To describe True Father's lifestyle in one sentence, he was someone who made other people happy by helping other people with their pitiful or sorrowful circumstances. It is our True Parents' wish that their children can also live such a lifestyle. True Parents constantly suffered persecution, criticism, and trials as they fought for human salvation. Nevertheless, they have left behind achievements to be looked up to. Just as True Parents did, we, too, should calmly begin from the very small tasks, valuing them with our lives and taking responsibility. We should become people who reach out to other people's sorrows and bring them joy. When we do this, Heaven can bestow His authority upon us.





Thank you so much