

# Hoondokhae Life 130-15-13-40

Dr. Chung Sik Yong, March 4, 2022

I was so glad to hear Dr. Ward's sharing. He is reading the 3 Hour EDP content in Korean. Wow! This is amazing. I am so glad!

Today I'd like to talk about "Hoondokhae Life" from *True Mother's Anthology, Book 1*.

*I have told families to do hoondok every day together because I felt urgent about educating our children, the second generation. You made excuses that you were doing public work and neglected your children. Yet, even so, you should do hoon dok hae with them. You must begin your day this way. You need to raise the second generation well. No matter what position you are in, you must think about the future generations. Moreover, leaders should think about our own future. However, you should repent with a desperate and earnest heart for not finding someone to take your place. If you haven't done that already you should start now. You must be ready to die for it. (2012.10.01, Cheon Jeong Gung)*

Regarding the many problems of the second generation, True Mother gives us directions to thoroughly do Hoondokhae every day in our families. She also emphasizes that when it is time to do hoon dok hae, we need to do it absolutely together with our children.

When I practice together with my children every morning, this is an incredible time to communicate with God and with each other among family members.

The way True Mother sees it, if we do not properly bring up our second generations, there is no future. You cannot depend on some leader or local church to be the shortcut to educating the second generation. Each parent should take responsibility for each child and educate them through HDH. It is like how Dae Mo Nim stood in the nanny position when educating True Mother and connected her to True Father.

True Mother said that no matter what position we are in, we need to think about the future generation and find second generation (members who) can take our place.

In particular, she said that this is very urgent for the people in charge, and told them to be prepared to die and to find and appoint a replacement among the second generation.

That is why True Mother is very focused on the appointment of members of our second generation here and there. Whenever she sees me, she asks me to raise

the second generation very well. That is why our affiliated organizations, such as UTS and WFWP, all of our organizations, need to really think about how to raise our second generation and third generation very well.

One of the biggest reasons I came to the United States is to find and raise our future generation properly.

Young people who are growing up as leaders who do not think about the future of the country are not true leaders.

This year I really want to focus on raising our future generations. I want to set up a heart culture in each state, and I strongly encourage all our Japanese(?) members as missionaries. Please support each state(?) based on the principle of mother-son cooperation. Where there is mother-son cooperation, everything can go on very well. Our Japanese members need to go back to the origin as missionaries and really support our young generation in the mother's position. If we really create that kind of beautiful environment -- mother and child cooperation -- I think we can raise our second generation very well.

Today, let's have the time to study the importance of Hoon Dok Hae once again. Yesterday I spoke about the method for dong hoondokhae. I would like to add more today. ... Mr. Chaen is filled with hoondokhae every day. A long time ago he completed ... reading each of the eight textbooks 100 times. This is a man of hoondokhae! Always God shows a model. Some say it is impossible to read the 8 text books 100 times, but God always shows a model and then multiplies it everywhere based on the model.

## Mr Chaen's Testimony

### 1. Daily basis of offering Hoondok Cheongseong

Jeongseong means "Do not stop." Constantly no matter what (doing) every day. Most of the time I do exercise every day. Without missing a day I do prayer.

#### > Stopping means death

If any part of a plant stops growing, what does it mean? Stopping growth means death.

That is why we need to do (hoondokhae) constantly. As long as I have life and breathe, I need to do it.

### 2. Everyday Hoondok is everyday resurrection.

### 3. Everyday Hoondok is everyday growth.

4. Hoondok time is the time when God's love is infused into me, pouring eternal breath into my spirit body.

### 5. Everyday Hoondok becomes atonement every day.

How can I remove my original sin? Collective sin?

Through reading hoondokhae. The more we read, (the more) we can realize how to suffer, how to fast, how to sorrow(?); then automatically tears come down. Every day hoondokhae becomes atonement.

• *Discovering 100 times reading of the 8 Great Textbooks is a revolution of revolutions. Fallen human beings need to read the holy words in order to grow up spiritually and prepare for eternal life.*

Dr. Chung Chan Choi reads one volume of Father's speeches (every day). He said there are some 610 books, something like that. He has already finished over 400 volumes. He is going to finish them (all) very soon. Wow! His commitment! This year he will be 80 years old. He said he has no time to get old. The more he reads hoondokhae, the more inspired he becomes. It stimulates his spiritual life so much!

Do you want to live a long life? Read hoondokhae.

• *Aimless Hoon Dok will be unfruitful and meaningless. We need to set clear, orderly and systematic goal to achieve certain results.*

You need to have a clear plan until you die. How can I complete reading the 8 textbooks 100 times. That is why I suggest one-hour EDP 100 times, 3-hour EDP 100 times, 12-hour EDP 100 times. After that, there is no need to read 100 times (?); it has already become a habit. Read Cheon Seong Gyeong 3 times, then Pyeong Hwa Gyeong and Peace Messages 3 times, then go back again (to read) Cheon Seong Gyeong 3 times, then Pyeong Hwa Gyeong and True Parents autobiographies again; then (keep) coming back (to read everything) 3 times. Beautiful plan! You need to have a clear goal: how to complete reading hoondokhae. We need to become the embodiment of God's word. Even though Dr. Yong repeats this again and again!

You eat the same food for breakfast, lunch and dinner again and again. That is why we need to repeat (hoondokhae) again and again. We need spiritual food. We nurture our spirit body and cultivate our heart. Without studying God's word, it is impossible to cultivate our heart.

• *The training of Hoon Dok step by step according to the formula course makes the Hoon Dok reader self-motivated, self-reliant and independent.*

• *By Hoon Dok reading can strengthen our original mind to overcome fallen natures. We can gain power to (go) beyond the 4 desires (sex, material, sleep and food)*

If you do hoondokhae, the power of God's word is really amazing. It is more powerful than your four desires. You can overcome them. That is the power of God's word. Why? Because it is God's love. What is

stronger than God's love?

• *Let's try to see whether we can overcome the desires of the flesh with the power of the Word while living a life of hoondok. In my experience, there is no trial or evil desire that cannot be overcome by the power of the Word.*

The power of the word stimulates my original mind, my original nature. How do we get power? We need to read and read and read. Secondly, listen and listen again and again. Third, we need to practice God's word. We need to apply it to our daily life.

• *By Hoon Dok reading, you can feel incredible happiness in the original mind through your heart.*

Because (it?) is God's love. The more you eat and drink God's word, the more your original mind dances! It is happy. True Parents teach us great thoughts!

### **LIVING DIVINE PRINCIPLE : Principle of Creation 23 - Individual Perfection is the Perfection of Filial Piety**

Let's read.

#### **God's First Blessing: Individual Perfection**

• *The key to God's first blessing is the perfection of individual character.*

• *An individual's mind and body are discrete projections and object partners of God's dual characteristics. In order for an individual to perfect his character, he must form a four position foundation within himself whereby his mind and body become one through give and take action with God as their center.*

• *Such individuals become the temples of God (1 Cor. 3:16), achieve complete oneness with Him (John 14:20), and acquire a divine nature. They experience the Heart of God as if it were their own. Hence, they understand His Will and live fully attuned to it.*

This is about God's First Blessing. It is about experiencing the heart of God. In order to accomplish God's first blessing, which is individual perfection, what is important is experiencing the heart of God.

Without experiencing God's heart, it is impossible forever to achieve God's first blessing of individual perfection.

The most important thing for human beings to perfect their individuality is to experience the heart of God.

Then, what is the attitude of our heart that we must have in order to experience the heart of God? That is, you have to have the attitude of Hyojeong.

Filial heart. Without filial heart just meditating -- mind and body unity -- does not connect to parents, to Heavenly Parent. This makes no sense.

In order to experience God's first blessing, you need to experience the heart of God. Then you become the center of God. Then you really become God's filial sons and daughters.

• *When a person abides in the state of individual perfection, he lives as the substantial object partner to his mind. Because the center of his mind is God, he also lives as the substantial object partner to God.*

• *Both the mind and God feel joy as they experience their internal nature and external form through the stimulation which their object partners give them.*

What is the biggest stimulus for parents? It is the stimulus of filial heart that children give to their parents.

Hyo-jeong's stimulation moves one's parents. Parents are moved to tears by their children's filial piety.

A filial son's mission is to move his parents.

• *Accordingly, when a person realizes God's first blessing, he becomes God's good object partner to inspire Him with joy. Sharing all the feelings of God as his own, he would never commit any sinful acts that would cause God grief. This means he would never fall.*

When anyone completes God's first Blessing, he becomes Hyojeong's embodiment and can never commit a crime. And he can never fall. The fall comes from the absence of filial piety.

Filial heart. All sin comes from the absence of filial piety. If we truly love God and our parents, how can we commit sin?

### **God's Good Object Partner**

*A filial child becomes God's good object partner.*

God's good object partner means God's hyojeong partner. Not a base concept. Many people can misuse (the concept of) good and goodness. God's good object partner means God's hyojeong partner. A filial child becomes God's good object partner.

*Filial piety can be felt as God's joy, anger, sorrow and happiness. How much of God's emotions are we feeling?*

Can you feel God's sorrow? Can you feel his anger when Satan invades here and there? Can you feel God's happiness? If we can't, that means our standard is far from (being) his object partner.

*How could a person who experiences God's emotions engage in a criminal act? How could that person fall? The fall occurred in the absence of filial piety.*

Why did Adam and Eve fall? They did not have filial piety. If they had had a filial heart, when the archangel tempted them, if they had thought about their father, their Heavenly Parent, had thought about what

their parents were saying, they could not have fallen.

### **Becoming A Good Object Partner That God Desires**

*"God wanted His creations to be object partners embodying goodness that He might take delight in them."*

To be object partners means what? God wanted his creation to be hyojeong partners. Where there is no hyojeong, there is no need to talk about goodness.

1. *In order to return joy to God we must become object partners embodying goodness.*

2. *God desires for us to become object partners embodying goodness. In order to become good object partners you must have filial heart, piety.*

I joined the church more than 47 years ago. I came to understand the key to individual perfection, family perfection and achieving the Third Blessing. Finally the content of essence is what? Filial heart.

3. *A filial child lives according to the parents' wishes. Heaven's wish is for us to become good individuals and families, to become hyojeong individuals and families, and to govern all of creation with hyojeong.*

We have to be truly good persons. A good person is a man of hyojeong. A good person is a person who has absolute faith, absolute love, absolute obedience centered on hyojeong.

Filial heart is the best form of goodness.

My parents' wishes are my wishes. My wishes are my parents' wishes. They are inseparable.

### **Individual Perfection is the Perfection of Filial Piety**

1. *You must become individuals based in filial piety and create families and tribes rooted in filial piety.*

2. *Filial piety is the root of heart.*

This is an incredible expression from Father.

In filial piety, the concept of self cannot exist in front of the parents.

3. *Filial piety is the foremost way that must be practiced if a human being wishes to live as people. Filial piety is the source of all virtues which is the base upon which human beings form their character.*

Ultimately, filial piety becomes the root, and it expands from the individual to the family, from the family to the tribe, from the tribe to the nation, and from the nation to the world.

Filial piety is about completely denying yourself in front of the parents. Adam and Eve should have completely denied themselves before God's Word.

Expansion of filial piety is patriots and saints and

holy sons and daughters based on filial heart.

When you love your nation, you become a patriot. When you love the world, you can become a saint. When you love the cosmos, you can become holy sons and daughters. That is the extension of filial piety.

Filial piety is the source of all virtue. This is incredible guidance.

Of course, our mind needs to control our body. How can we control our body? I realized we need to have a filial heart, to really love God, really love my parents, and really love True Parents. As long as I have that kind of vertical and filial heart, that is the way to get more stimulation to overcome any of my physical desires.

*4. The reason filial piety is referred to as the source of all virtues is because from the parent-child relationship, which is the first human relation, the family and society is formed, the family order is expanded to relationships among multiple individuals and develops into the social order and system of a nation .*

*5. The practice of filial piety leads to the establishment of ethical value systems, and properly establishes the social order. From here the virtues of mutual respect and loving kindness between the members of a family, organization and society is formed, and this can become the driving force that supports the nation.*

The root of the universe is parent-child relationship based on filial piety. If the nation of filial piety is formed, then even financial fortune will come to the nation.

Because anyone who really loves their own parents and their own nation, God has no choice. He needs to give them a blessing, even a financial blessing. I truly feel that anyone who truly loves God, the nation and their parents centered on filial piety, surely God will bless them.

### **TODAY'S YOUTH MINISTRY: View of Life Centered on the Central Figure**

*1. Anyone who is living a life of faith will often experience that God is with us. In our life of witnessing, we have experienced meeting many people who pour out their inner circumstances that they could not tell anyone before even though we met for the first time. This proves that we are acting on behalf of Heaven. The reason we have such experiences is because we were sent on behalf of God and True Parents. Therefore, regardless of whether we go to the front line or not, we learn that we should not think of ourselves as our own or criticize ourselves in our daily lives, nor should we treat ourselves in a humanistic way with preconceived notions*

*of the environment and existing habits and consciousness.*

When God sees us, we are God's representatives and ambassadors. ...

What we should not forget is when we relate to the world and each time we meet secular people, we are God's representatives.

Therefore, we must live keeping in mind that we are God's representatives, TP's representatives, and representatives of the Unification Movement.

Therefore, as a public person, wherever I go, I must protect God and True Parents' face, dignity, and authority.

Therefore, I need the self-denial that I am not myself. Therefore, I need to declare that I am God's representative, True Parents representative on earth. When we have this attitude, this is the way to deny our own self.

*2. I need absolute faith to believe that I only belong to Heaven. Even so, it is easy to become arrogant if you boast to others that you belong to God, but it is not arrogance if you deal with people on behalf of Heaven based on your own experiences. In other words, if you value yourself and value others, you are not arrogant. If you know your own precious value, you should cherish even a single blade of grass and not ignore it. What is humility? Humility is considering even a blade of grass as valuable. I must always find the center of my faith in my life, discuss with people, and ask questions. Instead of putting yourself as the subject, you must always live your life through your Abel. Only then can you deny yourself and be humble.*

As a representative of God, I have a responsibility to lead those who do not yet know God's will to heaven.

At the same time as I value myself as a representative of God, I must also have a heart to value others as well.

People who usually ignore themselves easily ignore others as well

You should always live a dual purpose in your life. When you go out into the world, you must think of yourself as a representative of God, and in your life of faith, you must always go through Abel and have a meek and humble heart.

*3. While living a life centered on Abel, check yourself. Test whether or not you get more strength by stimulating your original mind when you live completely centered on Abel. Always be centered on Abel, and if I help others from a public standpoint, great spiritual strength will always come to me. Because this is the*

*formula of the universe. However, when personal thoughts become the center or when something is not helpful to the other person, one's mind becomes dark and disorganized. Looking at Eve as an example, even though she was more emotionally sensitive than Adam and had a great scale of love, because she wavered and changed according to the environment and could not keep her position, in the end, she felt that she had become a complete wreck.*

Living centered on Abel always makes me feel comfortable and protected.

If I live centered on Abel, my original mind will be stimulated more and my life will gain more strength, so I am not worried about any difficult situation.

People without Abel are usually unable to grow in faith because they become the center. You must always go serving the center of your heart.

If there is no center to serve in one's life, one must become Abel and go before Cain and be respected.

If you do not have Abel whom you respect while living your life of faith and there is no Cain who respects you, then that person is very ambiguous. Faith can never grow in such a person.

*4. We should live our daily life by checking it. Am I someone who lives by always multiplying the love of God with the people around me? Also, am I growing with spiritual strength from Heaven while struggling to live a public life? Am I the one who is resurrected day by day, overflowing with gratitude and is victorious? When your daily life becomes a life of pride and victory, you feel good even when you sleep. If you look at your mood before going to bed, it tells you the score of your life on that day. In this way, we must give ourselves points as we examine our day-to-day life. How much have I lived for the will? How many people have I moved today? Live your life by giving yourself clear scores.*

Before going to bed after a day of life, you should check whether you have touched others or not.

The human's spirit body can grow the fastest when it touches others. Our spirit body grows the fastest when we touch others and are touched by others.

Love is gamdong (touching hearts). Love without touching hearts is not love. Think that I was born to touch the hearts of others.

Think that parents exist to touch children, children to touch parents, husbands to touch wives, and wives to touch husbands.

We were born to touch other people's hearts. If there is no touching, there is not much(?) moving, then there is not a life of faith(?).

*5. You become your own teacher. You are giving yourself points for your day-to-day life. If you live like that, you will know what your heart wants. If you do not know that, you'll quickly fall into confusion. Then, how do you overcome this state of confusion when you are faced with it? First of all, I have to start by serving my subordinates. And if you do something that helps others, you will soon recover your original nature. You can find this in Rachel. In other words, Rachel struggled and conflicted with only her own circumstances. There was no answer as to what was the best course of action. Rachel in such a position would have gained great wisdom from God if she had thought from Jacob's point of view and served Leah.*

When your life of faith is ambiguous and you do not have strength, give someone else a way to restore your original nature.

When I live a life of giving to others and giving and serving and serving others, my original mind comes back to life immediately.

That's why when you feel no energy, when you feel like struggling with somebody and (you) go back to the original point, you need to give, you need to serve. Then your original mind is stimulated and you are very happy. Then you can recover immediately where your original mind is(?).

That's why giving and serving others is the key. When I serve, I can find my true nature.

*6. Rachel, who was conflicted and worried only with her own position, spent 13 years like that. Even after 13 years, if Rachel hadn't realized it, she would have been troubled for over 21 years. We also worry a lot in our life of faith. However, in principle, you should not fall into worries for more than 3 hours. If there is a connection point, if you go directly to the connection point and actively try to solve the problem, the problem will be solved. As the saying goes, "Where you lost it, you will find it", you have to know where you suffered damage and go there to actively serve. When you are ignored, since you cannot digest it and affirm the fact that you were ignored, you easily become a lonely person. But if you deny yourself, you are not alone at all. Therefore, those who deny themselves cannot have enemies.*

True Father said that if I had a conflict or had a fight with someone, I had to solve it in 3 hours.

If you do not hear(?) a solution within 3 hours, you should not exceed 3 days. If the problem continues (beyond) 3 days and is not resolved within 3 months, it will settle completely centered on Satan, and it will enter

a state from which there is no recovery. That is why even God and Satan settle based on the #3. Whenever you have any conflict and fighting with somebody, you need to solve it in 3 hours. If you cannot solve it in 3 hours, you need to solve it in 3 days. Everything is based on principle numbers.

Therefore, when a couple fights and there is a conflict or a quarrel between brothers, do not let it last more than 3 hours. Just as God settles through the number three, evil also settles centered on the number three.

Any spiritual phenomena are also based on 3. It is the same. Some person may suddenly be possessed by a spirit. People pray for him and use all kinds of methods or bring him to Cheongpyeong, whatever. I am telling you, this kind of spiritual phenomena if not resolved in 3 hours and goes to 3 days, you need to resolve it in 3 days. You need to know the course and problem. If it continues and goes beyond 3 months, it has settled. It is almost impossible to recover (after that). If it becomes 3 years, I am telling you, any spiritual phenomena (that lasts) more than 3 years, you just waste time (trying to resolve it). You may try to help it, but it is impossible. It is already established.

That's why any spiritual phenomenon, any kind of struggling and fighting needs to be quickly resolved. If there is a problem between husband and wife, and they fight each other, you need to say, "Sorry."

Usually, fallen people do not apologize first. Even though you were right, it is Abel who apologizes first. He prefers to reconcile and forgive first. That is why he is Abel. Cain never apologizes first. "You need to apologize before me; then I can apologize." This kind of mindset and attitude is really Cain. You are really Cain. (Insisting that) "you apologize, then I will apologize" is really Cain. Abel, even though you may be right, if someone struggles with you, you are the first to apologize.

Are you Cain or Abel? Between couples, which is Cain(?)

*7. When you affirm yourself without denying yourself, you fall into worries, troubles, and confusion. Although this seems simple, it is difficult in life. We have only two paths: the path of death and the path of life. There is only one path we can choose. As long as you distinguish good and evil well, you can go easily. The path of evil is one that one travels alone, but the path of goodness is one that must go with others and with heaven. Those who go with Heaven go victorious in every moment without realizing it. In other words, if you*

*do not stand in Satan's position and learn how to fully deny yourself, everything is destined to be victorious. If I have gratitude in everything, deny myself in everything, and serve in everything, Heaven has destined my victory.*

The path of evil is one that one travels alone, but the path of goodness is one that must go with others and with heaven.

Heaven is always a path to go together. No matter how difficult the situation, you have to go with your partner. No matter how many conflicts there may be, even if you and your partner are not one in heart, you must go together.

You must go with your parents, you must go with your children, you must go with your brothers and sisters, you must go with Cain, and you must go with Abel.

It is Satan who tries to go alone and tries to solve it alone. Going into the mountains alone and making a trial does not mean going to heaven. You have to fight and win in real life.

You need to deal with reality. Do not run away and go to the mountain and find some temple and meditate. This is an escape from reality. We need to fight with reality. We need to win over reality. ...

In Korea a long time ago there were Buddhist temples in the mountains. Recently what happened? All temples came down to society. Why? We need to deal with reality. Do not run away. Do not escape from reality because we must enter the kingdom of heaven together. No matter what, we need to overcome reality.

You do not go to heaven by escaping reality and going into the mountains to pray: "Mind and body unity, mind and body unity ...". We must go together. Heaven is a place we go together. Togetherism. Heaven is a place we need to go together. No matter what, I need to overcome reality. No matter what, I need to overcome (problems) with my spouse and my children, my Cain, my society, (with) the people. ...◆

*NOTE: This lightly edited transcription may contain errors and omissions. Indecipherable or uncertain words and guesses are tagged with a "(?)" and indecipherable phrases, with an ellipsis "...". First, second and third person pronouns have been left as spoken if the meaning is clear, and other apparently Korean English expressions have been preserved. Some repeated phrases have been eliminated. This text and the powerpoint slides from this speech are available as pdf files at the top of this text and at [text.morndev.com](http://text.morndev.com) & [yong.hoondok.com](http://yong.hoondok.com). Audio only is available at [anchor.morndev.com](http://anchor.morndev.com), [spotify.morndev.com](http://spotify.morndev.com) & [audio.morndev.com](http://audio.morndev.com).◆*

Episode 130

# Morning Heart Devotion

The 13<sup>th</sup> 40 day Jeongseong Condition (15<sup>th</sup> day)  
130 day (495)

**Hoon dok hae life**

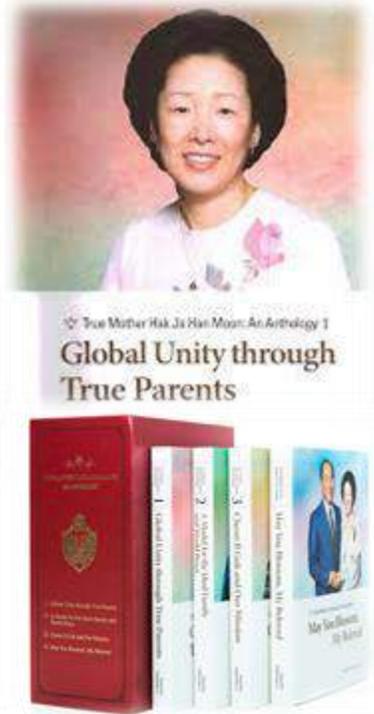
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Mar 4, 2022

North America HQ

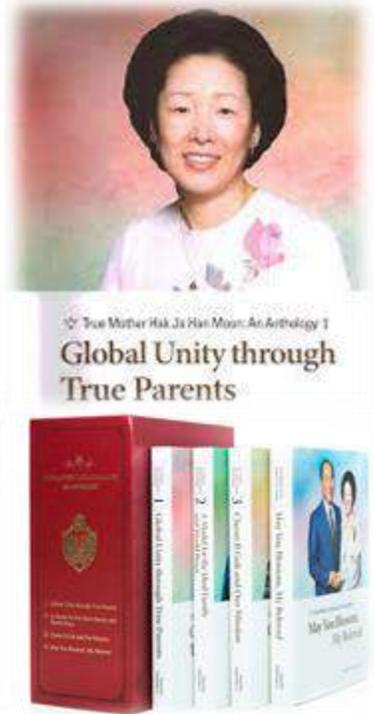
# Hoon dok hae life

I have told families to do hoondok every day together because I felt urgent about educating our children, the second generation. You made excuses that you were doing public work and neglected your children. Yet, even so, you should do hoon dok hae with them. You must begin your day this way. You need to raise the second generation well. No matter what position you are in you must think about the future generations. Moreover, leaders should think about our own future. However, you should repent with a desperate and earnest heart for not finding someone to take your place. If you haven't done that already you should start now. You must be ready to die for it. (2012.10.01, Cheon Jeong Gung)



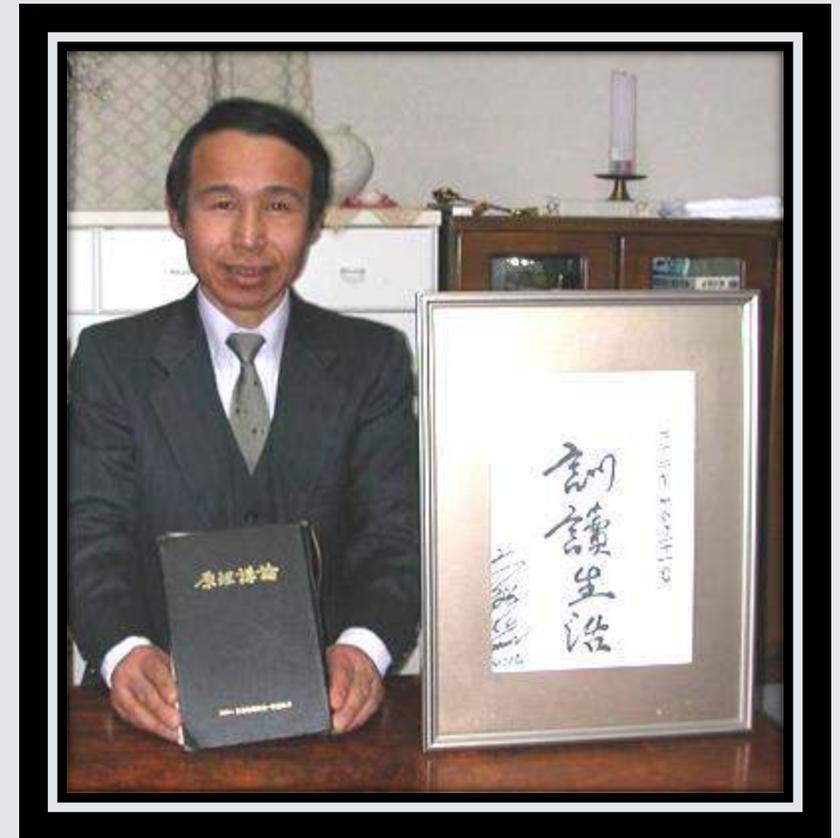
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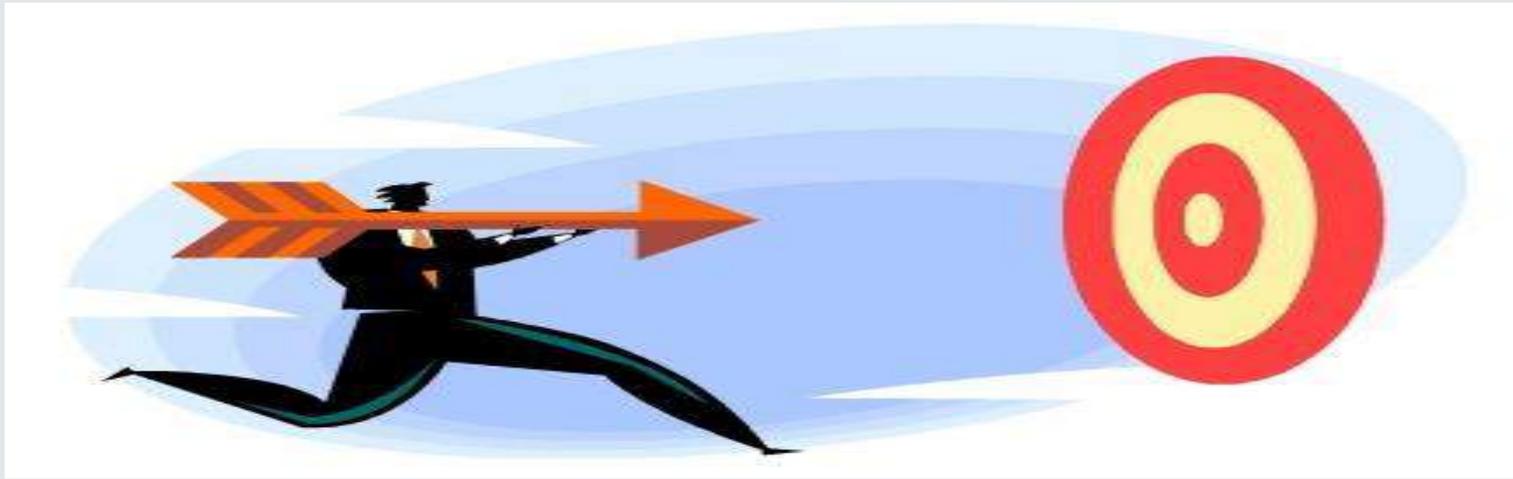
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# Mr Chaen's Testimony

1. Daily basis of offering Hoondok Cheongseong
  - *Stopping means death*
2. Everyday Hoondok is everyday resurrection
3. Everyday Hoondok is everyday growth
4. Hoondok time is **the time when God's** love is infused into me, pouring eternal breath into my spirit body.
5. Everyday Hoondok becomes atonement every day.





- ❖ Discovering 100 times reading of the 8 Great Textbooks is revolution of revolutions. Fallen human beings need to read the holy words in order to grow up spiritually and prepare for eternal life.
- ❖ Aimless Hoon Dok will be unfruitful and meaningless. We need to set clear , orderly and systematic goal to achieve certain results.



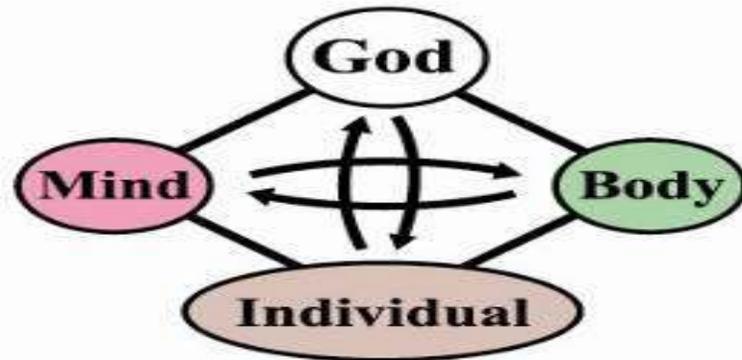
- ❖ The training of Hoon Dok step by step according to the formula course makes the Hoon Dok reader self-motivated, self-reliance and independent.
- ❖ By Hoon Dok reading can strengthen our original mind to overcome fallen natures. We can gain power to beyond the 4 desires (sex, material, sleep and food)
- ❖ Let's try to see whether we can overcome the desires of the flesh with the power of the Word while living a life of hoondok. In my experience, there is no trial or evil desire that cannot be overcome by the power of the Word.
- ❖ By Hoon Dok reading, you can feel incredible happiness in the original mind through your heart.

**Living Divine Principle**

# Principle of Creation 23

**-Individual Perfection is the  
Perfection of Filial Piety-**

## God's first blessing: individual perfection



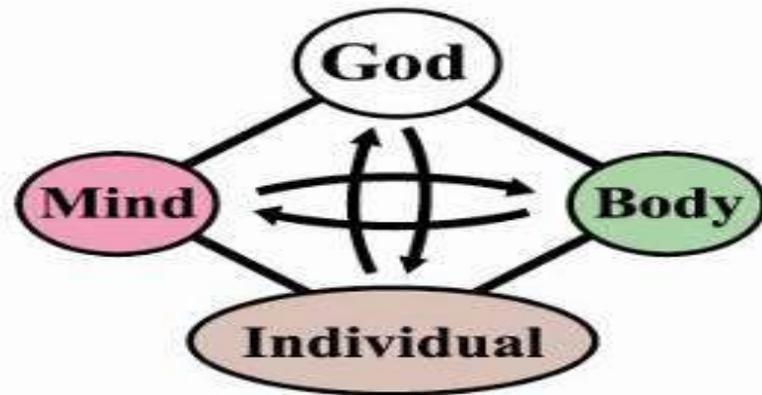
**Individual four  
position foundation**

**Fully attuned to God's Will**

- **Temple (1Cor. 3:16)**
- **Oneness (John 14:20), divine nature**
- **Experience the Heart of God**

- The key to God's first blessing is the perfection of individual character.
- An individual's mind and body are discrete projections and object partners of God's dual characteristics. In order for an individual to perfect his character, he must form a four position foundation within himself whereby his mind and body become one through give and take action with God as their center.

## God's first blessing: individual perfection

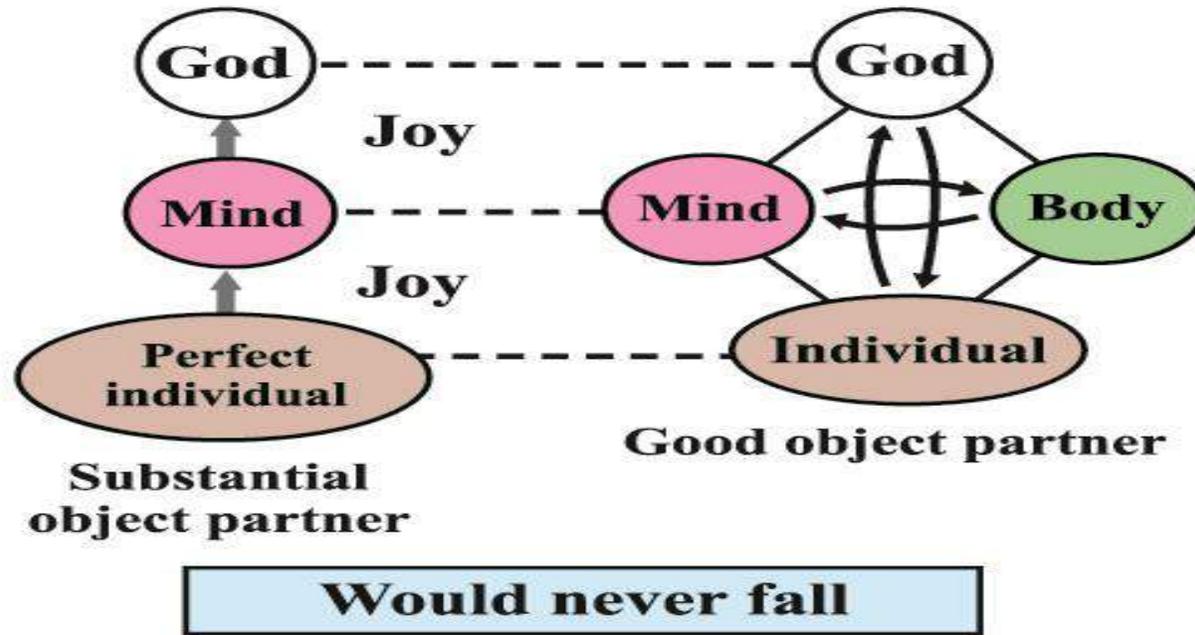


**Individual four  
position foundation**

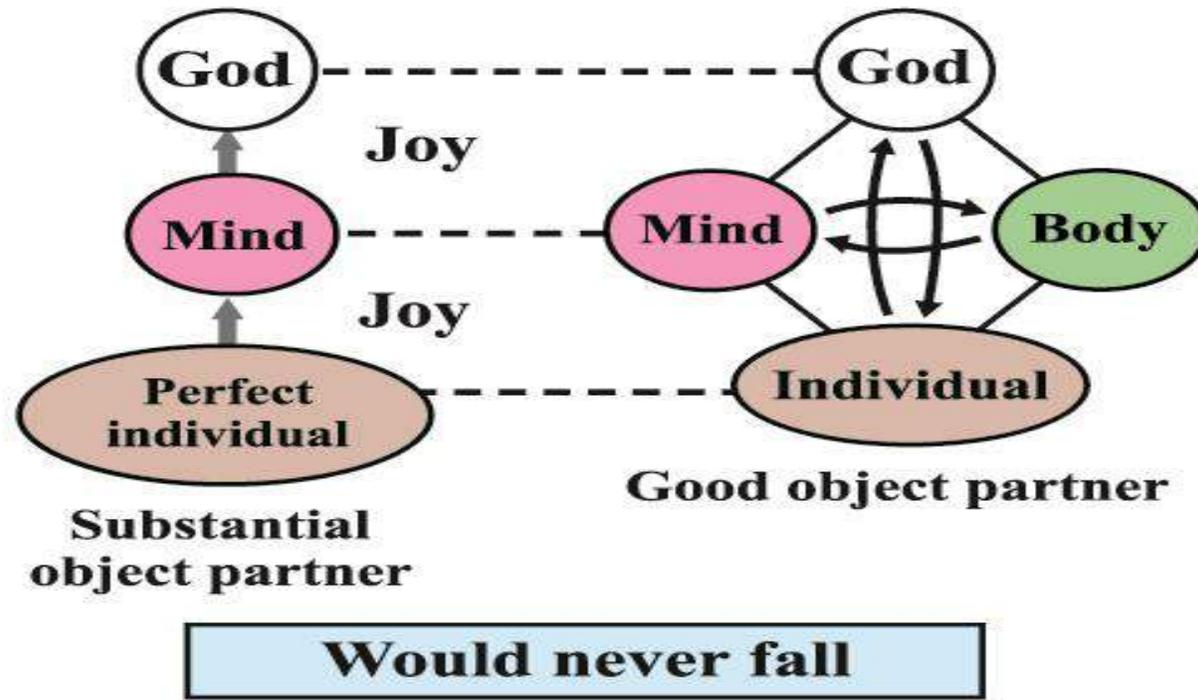
**Fully attuned to God's Will**

- **Temple (1Cor. 3:16)**
- **Oneness (John 14:20), divine nature**
- **Experience the Heart of God**

- Such individuals become the temples of God (1Cor. 3:16), achieve complete oneness with Him (John 14:20), and acquire a divine nature. They experience the Heart of God as if it were their own. Hence, they understand His Will and live fully attuned to it.



- When a person abides in the state of individual perfection, he lives as the substantial object partner to his mind. Because the center of his mind is God, he also lives as the substantial object partner to God.
- Both the mind and God feel joy as they experience their internal nature and external form through the stimulation which their object partners give them.



- Accordingly, when a person realizes God's first blessing, he becomes God's good object partner to inspire Him with joy. Sharing all the feelings of God as his own, he would never commit any sinful acts that would cause God grief. This means he would never fall.

# God's Good Object Partner

- 1) A filial child becomes God's good object partner. Filial piety can be felt as God's joy, anger, sorrow and happiness. How much of God's emotions are we feeling?
- 2) How could a person who experiences God's emotions engage in a criminal act? How could that person fall? The fall occurred in the absence of filial piety.



# Becoming a good object partner that God desires

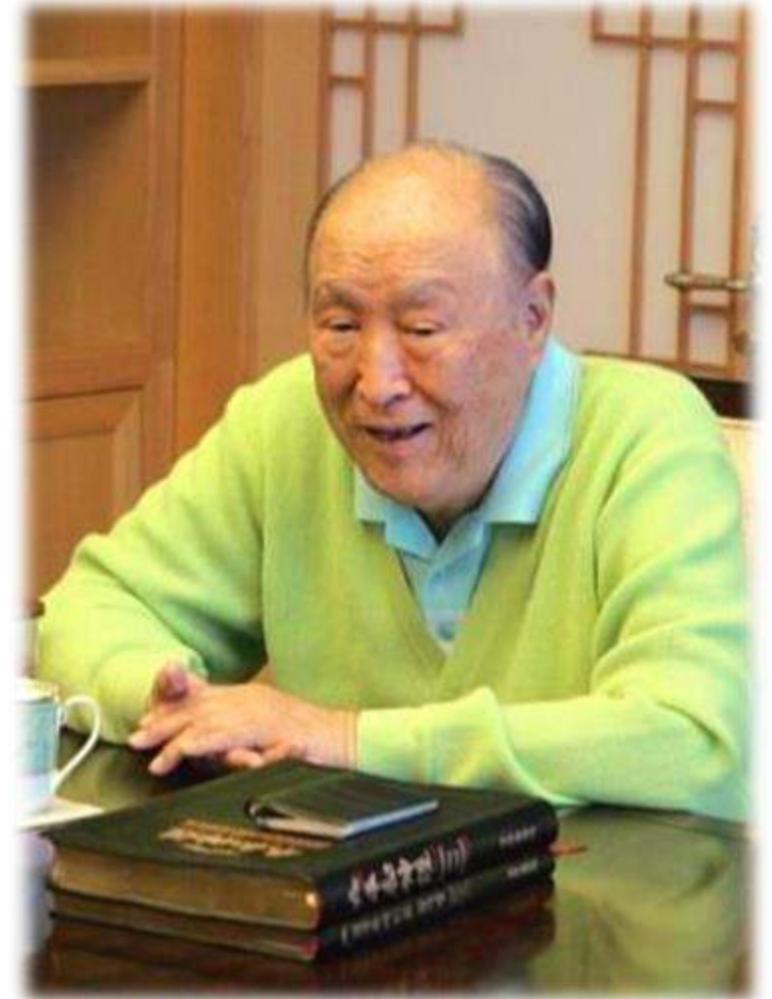
**“God wanted His creations to be object partners embodying goodness that He might take delight in them.”** (효정의 파트너)

- 1) In order to return joy to God we must become object partners embodying goodness.
- 2) God desires for us to become object partners embodying goodness. In order to become good object partners you must have filial piety.
- 3) A filial child lives according to the parents' wishes. Heaven's wish is for us to become good (효정) individuals and (효정) families, and to govern all of creation with goodness (효정)



# Individual Perfection is the Perfection of Filial Piety

- 1) You must become individuals based in filial piety and create families and tribes rooted in filial piety.
- 2) Filial piety is the root of heart. In filial piety, the concept of self cannot exist in front of the parents.
- 3) Filial piety is the foremost way that must be practiced if a human being wishes to live as people. Filial piety is the source of all virtues which is the base upon which human beings form their character.



# Individual Perfection is the Perfection of Filial Piety



- 4) The reason **filial piety** is referred to as the source of all virtues is because from **the parent-child relationship**, which is the first human relation, the family and society is formed, the family order is expanded to relationships among multiple individuals and develops into the social order and system of a nation
- 5) **The practice of filial piety leads to the establishment of ethical value systems, and properly establishes the social order.** From here the virtues of mutual respect and loving kindness between the members of a family, organization and society is formed, and this can become the driving force that supports the nation.

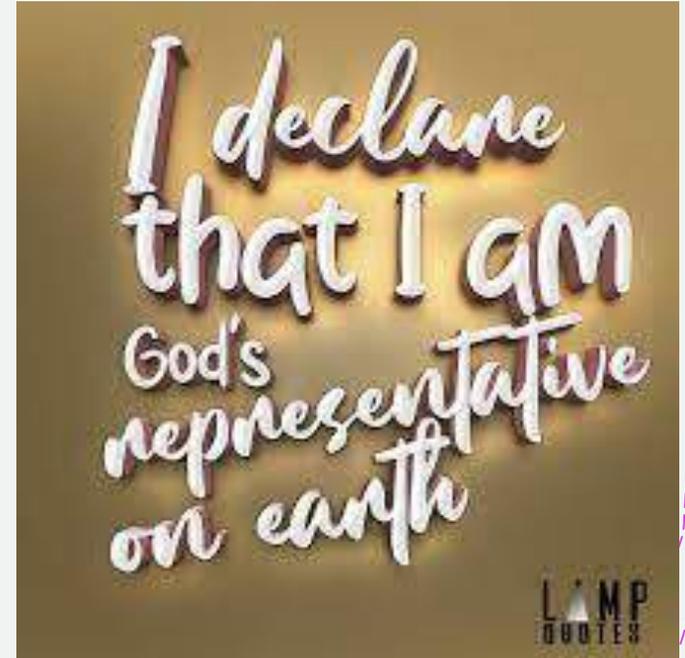
# Today's Youth Ministry

**-View of Life Centered  
on the Central Figure-**

중심자를 중심한 생활관

# View of Life Centered on the Central Figure

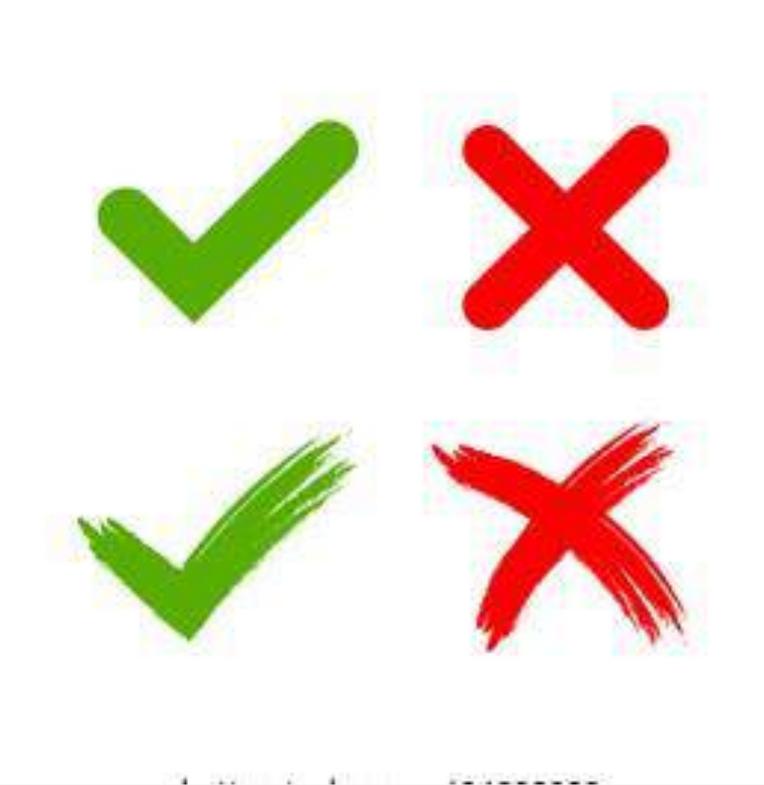
① Anyone who is living a life of faith will often experience that God is with us. In our life of witnessing, we have experienced meeting many people who pour out their inner circumstances that they could not tell anyone before even though we met for the first time. This proves that we are acting on behalf of Heaven. The reason we have such experiences is because we were sent on behalf of God and True Parents. Therefore, regardless of whether we go to the front line or not, we learn that that we should not think of ourselves as our own or criticize ourselves in our daily lives, nor should we treat ourselves in a humanistic way with preconceived notions of the environment and existing habits and consciousness.



② I need absolute faith to believe that I only belong to Heaven. Even so, it is easy to become arrogant if you boast to others that you belong to God, but it is not arrogance if you deal with people on behalf of Heaven based on your own experiences. **In other words, if you value yourself and value others, you are not arrogant. If you know your own precious value, you should cherish even a single blade of grass and not ignore it. What is humility? Humility is considering even a blade of grass as valuable.** I must always find the center of my faith in my life, discuss with them, and ask questions. Instead of putting yourself as the subject, you must always live your life through your Abel. Only then can you deny yourself and be humble.



**WE BELONG  
TO GOD**



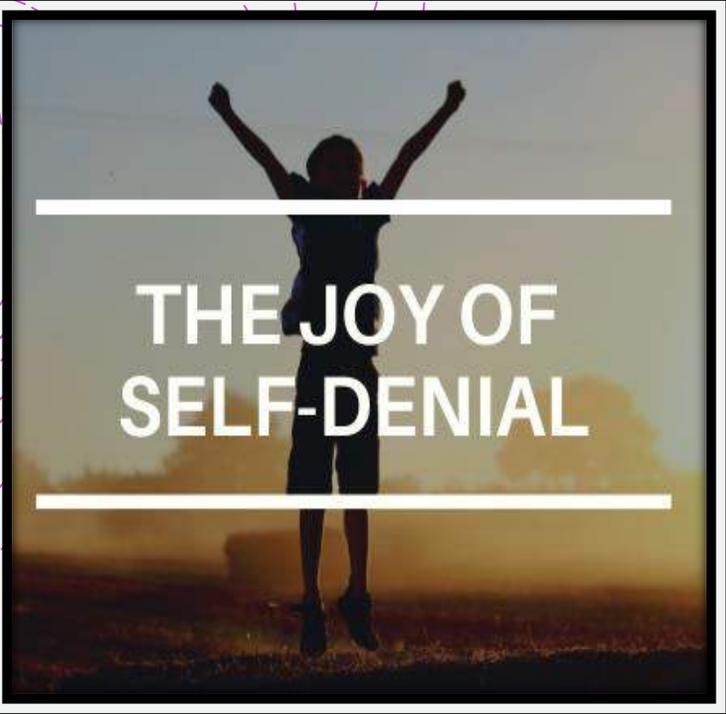
③ While living a life centered on Abel, check yourself. Test whether or not you get more strength by stimulating your original mind when you live completely centered on Abel. Always be centered on Abel, and if I help others from a public standpoint, great spiritual strength will always come to me. Because this is the formula of the universe. However, when personal thoughts become the center or when something is not helpful to the other person, one's mind becomes dark and disorganized. Looking at Eve as an example, even though she was more emotionally sensitive than Adam and had a great scale of love, because she wavered and changed according to the environment and could not keep her position, in the end, she felt that she had become a complete wreck.

④ We should live our daily life by checking it. Am I someone who lives by always multiplying the love of God with the people around me? Also, am I growing with spiritual strength from Heaven while struggling to live a public life? Am I the one who is resurrected day by day, overflowing with gratitude and is victorious? When your daily life becomes a life of pride and victory, you feel good even when you sleep. If you look at your mood before going to bed, it tells you the score of your life on that day. In this way, we must give ourselves points as we examine our day-to-day life. How much have I lived for the will? How many people have I moved today? Live your life by giving yourself clear scores.



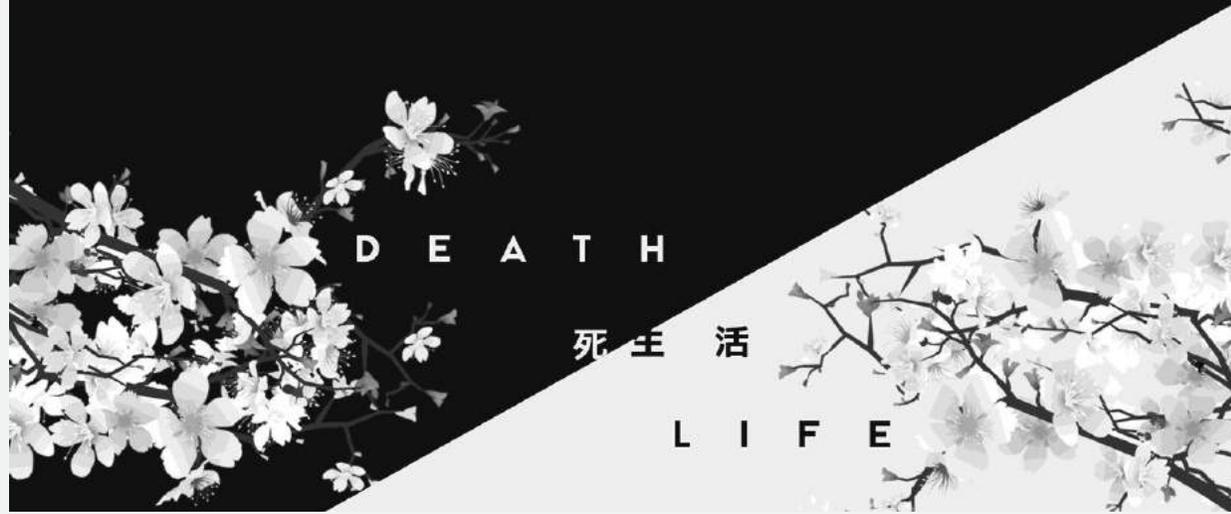


⑤ You become your own teacher. You are giving yourself points for your day-to-day life. If you live like that, you will know what your heart wants. If you do not know that, you'll quickly fall into confusion. **Then, how do you overcome this state of confusion when you are faced with it? First of all, I have to start by serving my subordinates. And if you do something that helps others, you will soon recover your original nature.** You can find this in Rachel. In other words, Rachel struggled and conflicted with only her own circumstances. There was no answer as to what was the best course of action. Rachel in such a position would have gained great wisdom from God if she had thought from Jacob's point of view and served Leah.

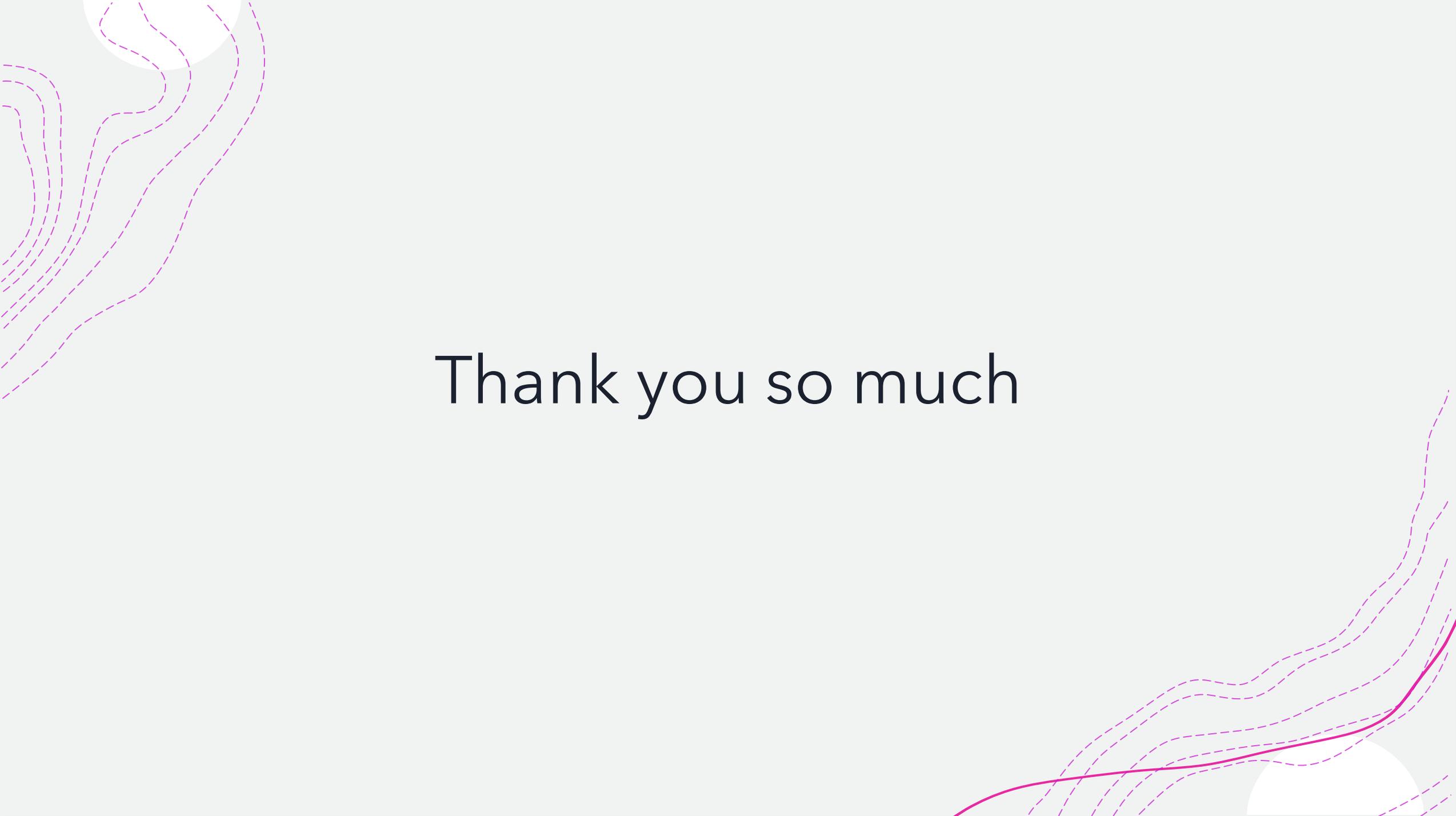


## THE JOY OF SELF-DENIAL

⑥ Rachel, who was conflicted and worried only with her own position, spent 13 years like that. Even after 13 years, if Rachel hadn't realized it, she would have been troubled for over 21 years. We also worry a lot in our life of faith. However, in principle, you should not fall into worries for more than 3 hours. If there is a connection point, if you go directly to the connection point and actively try to solve the problem, the problem will be solved. As the saying goes, "Where you lost it, you will find it", you have to know where you suffered damage and go there to actively serve. When you are ignored, since you cannot digest it and affirm the fact that you were ignored itself, you easily become a lonely person. But **if you deny yourself, you are not alone at all. Therefore, those who deny themselves cannot have enemies.**



⑦ When you affirm yourself without denying yourself, you fall into worries, troubles, and confusion. Although this seems simple, it is difficult in life. We have only two paths: the path of death and the path of life. There is only one path we can choose. As long as you distinguish good and evil well, you can go easily. The path of evil is one that one travels alone, but the path of goodness is one that must go with others and with heaven. Those who go with Heaven go victorious in every moment without realizing it. In other words, if you do not stand in Satan's position and learn how to fully deny yourself, everything is destined to be victorious. If I have gratitude in everything, deny myself in everything, and serve in everything, Heaven has destined my victory.

The image features a light gray background with decorative elements. In the top-left and bottom-right corners, there are white semi-circles. Overlapping these and extending across the corners are several wavy, dashed purple lines. A solid purple line also runs along the bottom edge, partially overlapping the dashed lines.

Thank you so much