Devoted: Becoming the Right Person Before Finding the One - Blessed Family Ministry USA's Small Group Curriculum

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The BFM and National Youth Ministry teams have developed a 5-week Blessing education curriculum called "Devoted: Becoming the Right Person Before Finding the One."

This program is packed with delicious and meaningful content that is relevant for a small group of youth.

Here's a brief overview of the basics of this program:

Who is this for?

This program is geared towards juniors and seniors in high school and is meant to help them form a strong foundation for their future matching, Blessing, and adult life. Much of the content is advanced, so it is not appropriate for anyone who is younger than a junior in high school.

What is the format of this program?

Originally, this content was given in a weekend workshop format and known as the Blessing Level 1 Workshop. We have modified the structure to fit a small group style platform that allows your youth to digest the content at a healthy pace and also apply it to their life on a weekly basis. There are weekly sessions along with simple homework assignments.

How long does it take?

There are 5 sessions that last about 3 hours each. During each session, a 20-30 minute break is included. The sessions should happen consecutively every 1-2 weeks so that the education continues to be relevant and meaningful.

Who should facilitate?

Since this content focuses largely on the Blessing, marriage, love, and sex, it is ideal to have someone who is Blessed facilitate the program. If that is not possible, then a person with strong moral fiber and a hearty understanding of the Blessing would be well suited to facilitate. It is strongly encouraged that Blessed individuals and couples are involved during Session 3 and Session 5 since the content is very specific to sex and the Blessing.

What's the end goal?

Transitioning from the world of Youth Ministry to young adulthood is a big change for young people. We hope that this program serves as a strong foundation for their lives in a gap year program, college, work, and whatever other adventures await them.