

Italians Seek Spiritual Way to Health

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Bergamo, Italy—More than 50 persons attended a series of three meetings in April and May 2016 on wellness of the soul and body.

UPF together with the local chapters of two affiliated organizations—Women’s Federation for World Peace (WFWP) and Family Federation for World Peace and Unification (FFWPU)—held the three-part health seminar at the Hotel Donizetti in the village of Lallio in Bergamo Province.

An introductory meeting, held on Friday, April 15, described the close relationship between the spiritual and the physical dimension in each of us.

UPF Italy President Carlo Zonato explained how even the search for our inner and outer well-being is an important first step to attaining peace at the individual level, which enables us to convey peace to others.

Roberto Magni, a bio-energy therapist and expert on various holistic disciplines for health, spoke on the universal need to find and re-create our connection with God, from whom we have received the divine gift of life that we must rediscover.

Mr. Magni, who is also a UPF Ambassador for Peace, explained that every disease has its own meaning and its connection to the emotional and spiritual sphere. It is vital to be aware and to know how to listen, he said, to re-create our best harmony inside and outside.

The introductory evening sparked the interest of a considerable portion of the participants. In fact, 51 of them signed up for the three-evening cycle on the “Soul and Body Well-being.”

The three meetings, held on Friday evenings, were:

April 29: "The Divine Gift of Life—What We See and Do Not See"

May 6: "The Correlation of Spirit and Body—Harmonies and Disharmonies"

May 13: "The Spiritual Reasons for Disease—How to Regain Health and Wellness"

Participation in all three meetings was intense and attentive, and all the participants confirmed their interest in studying these topics more deeply in the near future.