

## CARP LA Danced "Mujogeon" for the City of Refuge Church

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Dancing "Mujogeon" for the City of Refuge Church was so great. Before we danced, we had been singing praise to God and Jesus and the energy in the room was so powerful. But when we went up to dance, I felt the most excitement and energy. I remember feeling that this moment was when I could really proclaim and feel my love for True Parents, and help the congregation to do the same. After dancing, the room felt a bit brighter and the people in the audience were definitely moved. Maybe they were a little surprised by our dance. I could feel them asking themselves, "Who are these young people who danced for us?"

We then listened to Bishop Noel Jones' sermon, and the points I got from it were that we need to walk with God, have a solid life of prayer, and be grateful for whatever situation comes our way. I was moved by his love for God and Jesus, and I felt so much passion from his speech. I saw how he really moved the congregation. He wasn't just giving a sermon; rather, he was feeding them their spiritual food for the week. He was giving them God's perspective, love, and word so that they it could stay with them throughout the week. He not only inspired but also motivated those in the audience.

It reminded me of the heart one needs to have as a lecturer or a teacher, a parental heart that is seeking to give God's love in that moment. I was also reminded of some of True Father's words: "Before I speak, I prepare my heart, not a manuscript." I could feel that Bishop Noel Jones really prepared his heart and that we had helped him to do so. The evening before we had a prayer session for him, that he could be moved by the Holy Spirit and feel True Parent's love through us. That we could give him love and that he could have his heart moved.

I really enjoyed this event and hope that we can continue to have events such as this in the future. Thank you to all the people who worked so this could happen, and especially thank you Heavenly Parent, True Parents, and Jesus for this experience.