

FFWPU USA Blessing and Family Ministry: Is it Okay to Have Preferences in a Match?

Carina Mendez
January 5, 2024



FAMILY FEDERATION

The Newsletter

Blessing & Family Ministry

MATCHING | MARRIAGE | PARENTING

January 5, 2023

Hello family. New *MatchNet Podcast* episode. Glimpse of a Blessed life retreat. High Noon program open enrollment. Doing life with your adult child. Local Sunday Service livestreams.

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Is it Okay to Have Preferences in a Match? (Q&A with Benjy)



In this episode, Benjy addresses this common question and discusses the

importance of seeing people from God's point of view.

MatchNet Podcast is also available on your favorite Podcast players: Spotify, Apple Podcasts, Google Podcasts, Stitcher.

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events

Glimpse of a Blessed Life Retreat



We talk about the matching process and hear matching testimonies, but how often do we talk and hear about Blessed life? This weekend experience will focus on bridging the gap from the ideal to reality looking at the three Great Blessings.

You can look forward to testimonies from couples from all walks of life, time to reflect and discuss, a safe space to feel heard, time for connection with each other, and more.

Who: Young Adult Unificationist singles and couples nationwide

When: Friday, February 2, 2024 @ 3pm to Sunday, February 4, 2024 @ 12pm

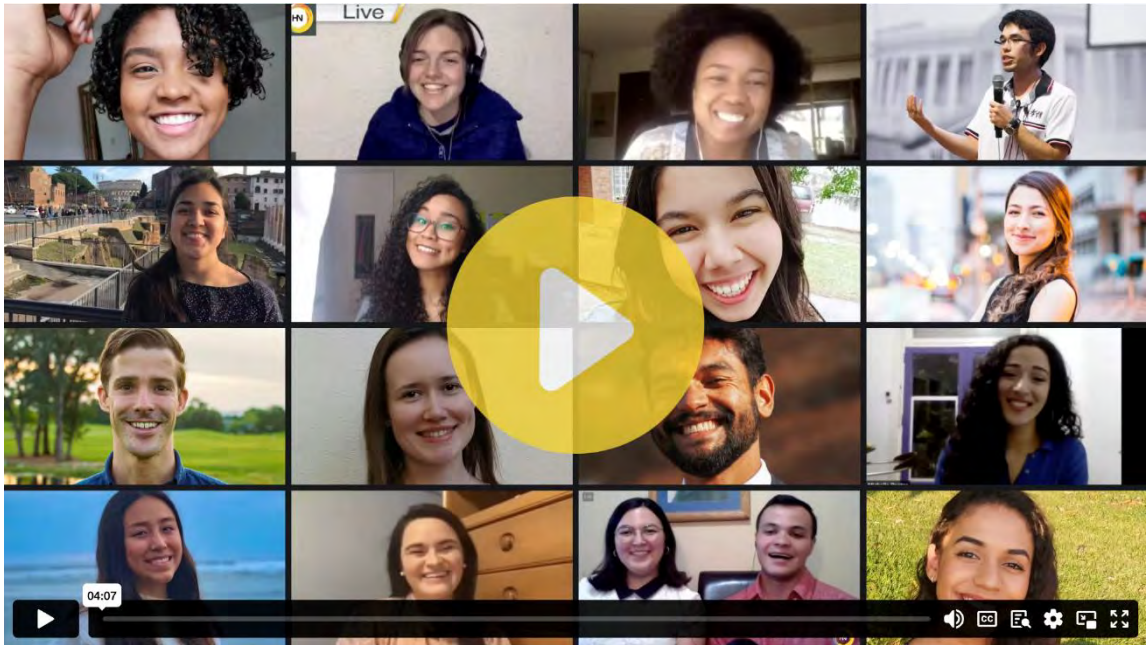
Where: Bay Area Family Church (2305 Washington Ave, San Leandro, CA 94577)

Early Bird Deadline is January 7. Registration closes January 28.

[register now](#)

what's new?

High Noon Program is Open for Enrollment



Registration for Ascend is now open for a limited time. Ascend is a 13-week program for anyone looking to build their sexual integrity. The program consists of weekly group calls, daily accountability check-ins and 1-on-1 mentoring calls.

It's more than a support group - it's a brotherhood and sisterhood.

[find out more](#)

food for thought

Doing Life With Your Adult Child



Parenting is tricky business. For the first twenty or so years of your child's life, your job is to teach and guide them. Often, we give our children unsolicited advice or even override their choices. Then comes the day when they are all grown up, ready to move out and live on their own. We must loosen our grip and begin a new level of relationship with them as young adults. If you are like me, this is not easy.

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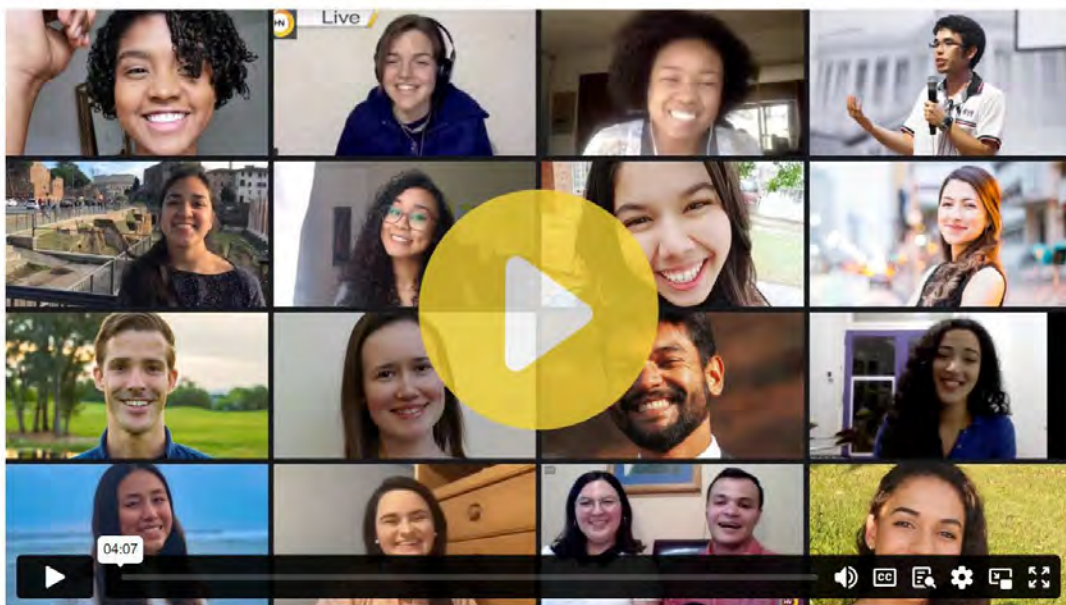
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On our journey in life, the most profound thing that we can offer others--
partners, children, parents, friends, co-workers, bosses, neighbors--
is our own healing and growth towards being a more loving person.

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Doing Life With Your Adult Child

1/5/2024



Parenting is tricky business. For the first twenty or so years of your child's life, your job is to teach and guide them. Often, we give our children unsolicited advice or even override their choices. Then comes the day when they are all grown up, ready to move out and live on their own. We must loosen our grip and begin a new level of relationship with them as young adults. If you are like me, this is not easy.

"Parents have such a hard time letting go of their control," says Dr. Jennifer Freed, a psychotherapist and licensed marriage and family counselor. "It's not that parents are trying to butt in because they think their child is incapable; it's because they're concerned about their child's welfare and think they can help by sharing their experiences."

The reality is that our concern often doesn't come across this way. Our adult children feel like we are still treating them as a child. And everyone needs to make their own mistakes and learn from them - that is a necessary part of a the ongoing growth process.

So how do we help guide our grown kids without coming across as bossy or nagging? To begin with, we need to learn to treat our child more like an adult friend instead of a kid. Lowering our expectations on how often they call us, biting our tongues when we want to give them advice, and being careful about rescuing them from their mistakes are all important.

Remember, you raised them for this. You raised them to be adults, to embrace the world, to take risks, to be themselves and to be who God designed them to be. They'll explore and make mistakes just like you did.

To support you in this journey of navigating the challenging and rewarding relationship with your adult children, join me in a 7 week online series using resources by Jim Burns, Ph.D entitled "Doing Life With Your Adult Child--Keep Your Mouth Shut and the Welcome Mat Out." For more information and to register:

[Adult Children](#)

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