

**Carina Mendez replaces Yun-A Johnson as Director of FFWPU USA Blessing and Family Ministry**

Carina Mendez  
September 29, 2023



FAMILY FEDERATION

The Newsletter

## Blessing & Family Ministry

MATCHING | MARRIAGE | PARENTING

September 29, 2023

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**Hello family. New *MatchNet Podcast* episode. 51+ Connect. 24+ seeking program director. High Noon Fall Challenge. Guiding questions & enforceable statements. Local Sunday Service livestreams.**

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*listen*

### **New Director Brings New Vision for BFM (with Carina Méndez!)**



Introducing the new BFM Director, Carina Méndez! In this episode, Carina shares why she decided to take on her new role and her vision for the BFM moving forward.

*MatchNet Podcast is also available on your favorite Podcast players: Spotify, Apple Podcasts, Google Podcasts, Stitcher.*

[listen now](#)

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## events

# 51+ Connect Virtual Retreat



The 51 + Matching Connect is a virtual meeting to create an opportunity for First Gen singles who are at least 51 years old to connect with their peers with the hope of finding their eternal spouse. This year, First Gen who are at least 46 years old are invited to join. This meeting is free of charge, but requires a registration.

The meeting will take place on Saturday, October 7, 2023 from 3:00 PM to approximately 8:00 PM EST.

If you have any questions or concerns, feel free to reach out to either Christian Nseka [cseka@unification.org](mailto:cseka@unification.org) or Anne-Marie Mylar [amie2013@gmail.com](mailto:amie2013@gmail.com).

[register here](#)

[more program information](#)

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*what's new?*

## Seeking a 24+ Connect Retreat Director



24+ Connect is a grassroots project of FFWPU USA's Blessing and Family Ministry that hosts semi-annual workshop for single Unificationists. We have a robust volunteer team looking to continue to carry out these retreats but are seeking a replacement for the current Director role.

[apply here](#)

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## High Noon Fall Challenge (online program)



Photo courtesy of Chang Duong

High Noon is offering a free 6-week online program for young adults that want to make their vision for healthy, vibrant, and heavenly sexuality *a reality*.

Shame and isolation are huge obstacles in this journey, so we want to give you the knowledge and support to free yourself of shadows, establish meaningful connections, and live your vision *now*.

This is not only for people struggling with porn & masturbation, but also for anyone that wants to live an empowering High Noon life.

[sign up now](#)

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*food for thought*

## Guiding Questions & Enforceable Statements



Previously, I have written several past blogs about effective ways of communicating with our children. Using an enforceable statement is describing what I as the parent will or can do such as, "I listen to people who talk to me in a calm and respectful manner" or "I drive kids to soccer practice/the mall/their friends' house who have finished their chores." It is about replacing threats and warnings with simple action and turning your words into gold.

[Read more](#)

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*connect*

## Local Sunday Service Livestreams



*Stay connected by tuning into one of our livestreamed Sunday*

*Services across the nation!*

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