

Watch Out For That Car! - How To Love And Cherish Each Other

Mereth Van Frank (and Sebastian) Huemer
December 16, 2021



"Watch out for the car," he shouted. "What car? Where? Stop! Shouting at me!!!" I yelled back.

In December 2020, my husband Sebastian, had a seizure and eight months later in August he had another one. Our state law says that he must take seizure medicine and not drive for at least six months, as a result of the first seizure, and then refrain from driving for six MORE months for the second one, which means he can't drive for at least a year.

Our daughter has a job in another city, so she's not available to drive us. I, on the other hand, have had eye issues for many years, some of which flared up at around the same time. I also had a cataract removed and I am getting new, extremely different contact lenses, which causes my eyes and brain to have to substantially re-adjust.

These health issues have conspired to put us in the same vehicle and helped us to find a new level of unity, which we had not reached in the last 38 years since our Blessing. The medication my husband is taking uncharacteristically tends to give him a shorter fuse and sometimes makes him somewhat moody. He has also had problems with his hearing.

Because of Sebastian's issues, I have to be the driver in spite of my eye problems. This means we are in the car together and need to reconcile that.

In the past, he was in the driver's seat while I looked at the scenery. Now, our roles have flipped and Sebastian has to be in a more objective position. He is not sure how much I can see and I have to deal with his ways of thinking about how things ought to be. He used to watch the road and I watched the scenery; now I watch the road AND the scenery. Then he gets upset because he thinks I'm watching the scenery instead of watching the road!

So, we have had to figure out how to actually talk to each other (nicely) and how to make unity and harmony in this situation. It's been a rocky road, but we seem to be making some progress. Every Wednesday afternoon, we go out on a date. Many times, we get a sandwich and a drink and sit by the Hudson and watch the river go by, or find a lake, or go on the "Why Not Road" to see 'what's what.'

We've had some wonderful experiences and have met some nice people on the road. We've seen some beautiful autumn leaves, Canadian geese, a few ducks and a heron. One afternoon, we sat at the park at the confluence of the Hudson and Mohawk Rivers and watched people kayaking and fishing. We experienced the beautiful autumn sunshine and the warm wind blowing. But the most important thing is that we're doing all this together and finding a greater level of harmony we haven't experienced before. I suspect this whole thing was God's idea, but honestly, I still couldn't figure out which car Sebastian was shouting for me to watch out for!

Perhaps this testimony has a familiar ring to it for you and your couple. If it does you might be interested in the following AARP article - 5 Habits of Successful Couples

How to love and cherish each other through the years

www.aarp.org/relationships/love-sex/info-03-2011/habits_of_successful_couples.html

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5 Habits of Successful Couples

How to love and cherish each other through the years

by Dr. Pepper Schwartz, **AARP**

[En español](#) | We all know couples who've been married for 30, 40, 50 years or more — and who seem as genuinely happy as they were when they were newlyweds.

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Donna Day/Big Cheese Photo/Corbis

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Displays of affection are important to a successful relationship.

I get such pleasure out of seeing these lovebirds, and I observe closely to see what traits and behaviors might be the key to their relationship success. Over the years, I've concluded that these are the five habits of [happily partnered couples](#):

1. They keep up with the changes. Lillian Hellman once said, "People change and forget to tell each other." When it comes to marriage, that can be risky. The most successful couples really take note of each other's changes. They do not assume their partner is the same person he or she was 20 years ago, even if there are many similarities. What's more, they take the time to learn their partner's goals, dreams and future plans. By keeping in touch with who their partner is at this moment — and looking ahead to who he might become — they [secure a truly intimate relationship](#).

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2. They know how to fight fairly. It's not that happy couples never argue. Most couples have disagreements. But in a mature relationship, power isn't defined by winning an argument or getting one's way. True power comes from knowing how to discuss differences fully and honestly. If you demean your partner when you disagree, and if, at the end of an argument, you do not feel stronger and more intimate than you did before you started — you are not building a stronger, more loving relationship. [Successful couples](#) know how to argue with class and dignity. They may disagree, but in the end, they end up understanding — and respecting — their differences.

3. They find new ways to play. All the research on marital satisfaction shows that couples bond more closely when they do new, innovative activities — instead of getting stuck in the same rut they've been in for the past 25 years. Whether it is learning how to sculpt together, opening an inn, [signing up for the Peace Corps](#), or simply helping each other create a healthier lifestyle, any kind of new, enjoyable pursuit can make a couple that feel younger and more in sync — and can invigorate their love.

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4. They accept the challenges of aging. In good relationships, partners accept that vulnerability comes with the years. They take care of one another as they deal with physical challenges of aging and feelings of mortality. They share their thoughts on what lies ahead, and they have a rock solid belief that their partner will be there for them no matter what happens. The mature partners who face the future as true collaborators and helpmates forge an [amazing relationship](#).

5. They stay physically connected. [Demonstrations of affection](#) and attraction never go out of style — and neither does sex. Older couples who still touch, kiss, snuggle and, yes, [create an erotic environment](#) are the complete package. Granted, things change: Illness, medication and life crises might get in the way of the kind of passionate romance you had 40 years ago. But the happiest couples are those who have found a way to [combat the physical and emotional obstacles](#) and maintain a physically satisfying and sensual relationship. It's an essential component to keeping the connection alive and strong.

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SamanthaY110799

JANUARY 9, 2020

With the help of this contact email {{R o b i n s o n b u c k l e r { @ } y a h o o . c o m}}, you can get your relationship problem fixed for life.....

[REPLY](#) |

PaulC916674

DECEMBER 26, 2019

The truth is that in a truly loving relationship a man/woman should be able to control his/herself and remain faithful despite any hormonal urges to produce offspring. The theory of human being predisposed to cheating does not hold water because while it may be true, there is no excuse for not being able to quell these urges. My wife had 2yrs affair behind my back, without any sign of remorse. All thanks to "hackingloop6@ gmail . c o m" for their investigative and hacking service that helped me gain access to all her phone activities remotely and exposed her cheating games, though the saga was so painful, but i feel much better facing my fears and knowing better. hackingloop is also reachable on + 1(712)292-2655, if your partner's loyalty is in doubt, or you're in need of any hacking related issue, i promised to share this online. Cheating is cruel and it feels horrible.

[REPLY](#) |

DesmondB168427

OCTOBER 20, 2019

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[REPLY](#) |

EdnaH333962

SEPTEMBER 16, 2019

Why be in a relationship at all if you're going to keep cheating on them? The one about having no regrets after not just cheating, but doing it with his best friend for years disgusts me. Not just the set-up with his supposed "best-friend", but having no regrets over it. This is a person who will never be able to trust anyone else because they will never know for sure that someone else isn't doing it to them..I caught my ex cheating on me with his supposed best friend, i got help from ""hackspeed24@ gmail . c o m"" who hacked his phone and gave me GPS access to their cheating location, i also show him more proof from their constant messages and chats, it's really bad at how people can hurt the ones that loved them. anyone can also contact hackspeed on + 1 712 292

2655,if you have trust issue in your marriage,he is truly a cyber genius.

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mm1475

JULY 7, 2019

After being in relationship with Wilson for seven years,he broke up with me, I did everything possible to bring him back but all was in vain, I wanted him back so much because of the love I have for him, I begged him with everything, I made promises but he refused. I explained my problem to someone online and she suggested that I should contact a spell caster that could help me cast a spell to bring him back but I am the type that don't believed in spell, I had no choice than to try it, I meant a spell caster called Dr Zuma zuk and I email him, and he told me there was no problem that everything will be okay before three days, that my ex will return to me before three days, he cast the spell and surprisingly in the second day, it was around 4pm. My ex called me, I was so surprised, I answered the call and all he said was that he was so sorry for everything that happened, that he wanted me to return to him, that he loves me so much. I was so happy and went to him, that was how we started living together happily again. Since then, I have made promise that anybody I know that have a relationship problem, I would be of help to such person by referring him or her to the only real and powerful spell caster who helped me with my own problem and who is different from all the fake ones out there. Anybody could need the help of the spell caster, his email: spiritualherbalisthealing@gmail.com or call him +2348105150446 you can email him if you need his assistance in your relationship or anything. CONTACT HIM NOW FOR SOLUTION TO ALL YOUR PROBLEMS

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