

WFWP UK holds an inspiring round of the Leadership of the Heart program

Tanya Chandler
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WFWP UK was back at it with another inspiring round of the Leadership of the Heart program on Saturday, 2nd July. The education team put on this interactive seminar, highlighting Emotional Maturity and what it is to be not only a leader but a leader of the heart. Mitty Tohma, WFWP UK President, graciously guided the program as MC for the day.



Mrs. Tanya Chandler gave the introduction to the Leadership of the Heart program, which originated in the USA chapter of WFWP. She drove the point home that each one of us is a leader simply by the fact that we all have an influence on one another - how do we choose to influence others, even ourselves?

The main speaker, Ms. Ena Softic, guided 40 participants through an interactive session on "Emotional Maturity" which focused on identifying fears, how they affect our relationship with ourselves and relationship with others, and working through them and replacing them with trust and love.

At the end was an open platform where participants courageously shared their fears and their hopes/resolutions. There were many snippets of deep wisdom and insights, and tons of food for thought which everyone could take forward into their daily lives.

Report by

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