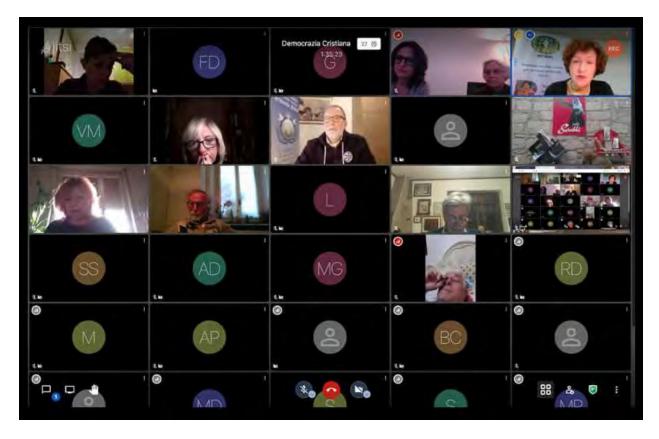
## WFWP Italy's Online Conference: Woman, Life, Health, Family, Work

Elisabetta Nistri March 8, 2021



Celebrating International Women's Day, the Women's Movement of the emerging Christian Democracy Party, organized a conference on the theme: "Woman, Life, Health, Family, Work" to highlight the daily problems that women are confronted with, to find solutions, and listen to proposals for enhancing the legitimate expectations of the Female Universe.

WFWP Italy President Elisabetta Nistri participated with a speech on the theme: "Women Multitasking: Balancing Family and Work, the Importance of Harmony."



After quoting Dr. Hak Ja Han Moon on the value of women, she highlighted the fact that for their marked sensitivity and ability to empathize, women, in addition to carrying out their duties at their workplace, are generally led to respond to the many needs of all those around them. They indeed take care of the family, children, and elderly parents.

"Sometimes, overwhelmed by many commitments, we risk exhausting our physical resources, but also our emotional ones. For this reason, it is important

to decide to healthily take care of ourselves too, nourishing and enriching our original inner nature, our most beautiful part, for example through contact with nature, listening to music, meditation, prayer."

She then concluded by quoting Dr. Moon's following words on the value of women and the role of mothers particularly: "We could even say that the role of mother writes history by carrying, giving life and nurturing the future of humanity. Without this maternal nature, how could there be hope and a bright future for human beings? From whom can good men and women, our future leaders, be born?"

Reported by Elisabetta Nistri WFWP Italy President