

## The Third European Tongil Moo Do Workshop Was Held In Espoo, Finland

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The World Tongil Moo Do Federation, in collaboration with the Family Federation for World Peace and Unification (FFWPU) of Europe co-hosted the '3rd European Tongil Moo Do Workshop' under the theme 'Advancing Courageously with Discipline. The seminar took place in Finland, specifically in the Nuuksisio National Park, in the municipality of Espoo October 16-22.

This 7-day seminar was led by Master Hoshiko Takamitsu, President of the World Tongil Moo Do Federation, Master Andrius Yurkunas, President of the Tong-II Moo-Do Federation of Eastern Europe, Master Nabeshima Megumi, and Joseph Svasina, President of FFPMU-Finland. The seminar saw the participation of around twenty individuals, including youth from the second generation in Finland, Japan, Lithuania, and Italy.



The program featured contributions from several leaders, including Master Seok Jun-ho, Honorary President of the World Tongil Moo Do Federation, Reverend Michael Balcomb, President of the Europe and Middle East region, and the couple Dr. David Hanna, Vice-President of the Northern Europe sub-region. Various topics were addressed, including the philosophy of Tong-II Moo-Do, and participants had the opportunity to engage in various physical and mental exercises as well as demonstrations of Tong-II Moo-Do. There was also a film screening ("Karate Kid"), a written test, and a belt promotion.

In his opening statement, Master Seok Jun-ho declared that Tong-Il Moo-Do is not a martial art of repression or war but rather a martial art of self-control and peace. He added that it is a unique martial art that teaches highly complex techniques rather than lethal ones.



Participants expressed that Tong-Il Moo-Do is an excellent martial art practiced by people of various cultures and religions. They noted that it also facilitates the teaching of the Divine Principle and the revelation of the identity of the Heavenly Parent and True Parents. This seminar contributed to establishing a strong foundation for Tong-Il Moo-Do in Finland and Europe. Young participants committed to further training to create a true unity between their mind and body, to receive the Blessing in marriage, and to become true sons and daughters of God and True Parents.

Tong-Il Moo-Do is a martial art that was developed 40 years ago based on the philosophy and ideology (Unification Principle) of the Unification Church for the peaceful reunification of South and North Korea, the unification of all martial arts, the unity of mind and body, and the perfection of character.

The educational philosophy of Tong-Il Moo-Do is "Love for God (愛天), Love for Humanity (愛人), Love for the country (愛國)." Tong-Il Moo-Do promotes self-control by systematizing all movements and techniques from various martial arts, with circular movement as the subject and linear movement as the object. It is a martial art aligned with the vision of an ideal world of peace.