## Friendship and Cultural Exchange

## January 12 | Kuala Lumpur, Malaysia

## **Overview**

- o To warmly welcome Women's Federation for World Peace (WFWP) Korea members visiting Malaysia.
- o To encourage unity and friendship through WFWP cultural exchange programs.



The exciting Friendship and Cultural Exchange Program was held at the Groovitiam Cafe and Jadi Batek. There was a total number of thirty participants, including twenty WFWP members and ten guests. This one-day event was co-hosted by WFWP Malaysia, alongside the Women's Holistic Leadership (WHOLE) Malaysia and Grooville Group.

Madame Lina Cheng, President of WFWP Malaysia, welcomed all participants to the event. She expressed her sincere hopes to foster friendship and collaboration, by uniting people through cultural exchange programs.

The program began with a food and culinary session, conducted at Groovitiam Cafe. Ms Khadijatul Azada, President of WHOLE Malaysia, introduced the authentic Malaysian cuisine the participants would create.



All attendees participated in a fun, hands-on experience brewing Teh Tarik - a term used to describe 'hand-pulled milk tea'. It is the national drink of Malaysia. Enthusiastic participants decorated curry puffs with spiral edges.



They made Nasi Lemak by soaking rice in coconut cream and wrapping them in banana leaves. Everyone had a wonderful time socialising with each other while being guided by experienced instructors at Groovitiam Cafe.



Before adjourning for lunch, the participants took turns to present cultural performances. This included an array of Malaysian folk songs, as well as traditional Korean and K-Pop music. Participants also exchanged gifts during the session.

During the second half of the program, participants visited the Jadi Batek factory for a traditional Batik colouring class. They were fascinated to learn about its history and process of making Batik. It is a method of decorating fabric by applying hot wax and dye. Each participant unleashed their creativity by decorating the flowers on the batik fabric with a variety of rich, vibrant colours.



## **Reflection from Participants**

"As a Malaysian and Nasi Lemak fan, I have never wrapped a Nasi Lemak or had the chance to make my own favourite Teh Tarik. It was a very memorable experience. I feel very proud when introducing our local food to my new Korean friends." - Ms. Ng

"It was a very meaningful event to me. I learnt about the beautiful culture of Malaysia through the food preparations and Batik colouring. Thanks to the amazing organising team." - Hwa Jin