

My World Class Sunday School Curriculum

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Tim Atkinson teaching children through games

This curriculum was the result of many years of continuous effort. I never planned it from the beginning. There was the immediate need to create a lesson each Sunday.

A teacher can receive many inspirations, but if the lessons aren't recorded, they can be lost forever. I wanted to create a bank of material that could be used again and again.

Over time the numbers of lesson plans became so large, that I realised I had the beginnings of a curriculum.

Looking back now, I can see that the circumstances were ideal for the work to develop. I was the right person, in the right place, at the right time.

I was the right person, because I am a trained teacher, and had the skills and interest to invest in Sunday school.

Sweden was the right place, as I could focus on Sunday school, without big demands on our members. I had the freedom to use my creativity.

It was the right time, because when I arrived in Sweden in 1992, there was an emerging 2nd generation that developed into a fairly large group of children. We could then divide them into three different age groups. For each group I developed a three year programme of lessons. I also had a lot of help from members; at first from parents and later from older 2nd generation, who did much of the teaching.



I suppose the driving force behind it, is the need to educate our blessed families. The children are the future and we must take care of them. It is important that they feel part of our faith community, and that they matter, and there is a place for them. They belong. If we don't provide for their needs, how can they feel they belong? Expecting children to understand a sermon given by 40 or 50 year-olds, is unrealistic. Children need education for each stage of their development. That's why I introduced three age groups.

When a child reached 6 years old, they graduated to the next group and again when they became 9, they graduated. They knew they were in each group for three years. It gave them a sense of security and progression.

Another aspect of Sunday school was the schedule. We didn't just study. The first 45 minutes all the children gathered together. We prayed, sang songs, and played energetic games. This created a lot of joy and laughter. Then the children split up into their groups and had their lesson for 45 minutes.

As the older 2nd generation became teachers, I created a teacher's manual and gave one-day seminars to teach teachers. This was a natural progression. They could be on the other side of the fence, take care of their younger brothers and sisters and revisit what they had been taught.

There is another part of the curriculum that also deserves a mention. I started doing one-day seminars for 8 to 12 year olds. Every 6 weeks, I took a break from Sunday school. The children spent one day together, doing a mixture of activities; studying, sport

Then I got one of my biggest inspirations. I bought a copy of "The Book of Virtues," by William J. Bennett, which contains moral stories teaching virtues, such as honesty and courage. I realised I could teach Divine Principle through virtues: the Ideal, the Fall, and Restoration. So began 9 years of doing one-day seminars. Spending a whole day together helped the children to bond with each other. I found seminars most enjoyable. It was a way to teach the Divine Principle in a child-friendly way.

Sunday School Curriculum



created by
Tim Atkinson

An Overview

- Material developed over 24 years
- 12 years of continuous education from age 3 to 14
- 4 Groups: 3-5yrs, 6-8, 9-11, 12-14
- 7 Units of teaching material
- Over 300 detailed lesson plans
- A Teacher's Manual
- One day Seminars to compliment Sunday school
- Available on pdf files

Sunday School Lessons

1. My Book of God
2. The Old Testament
3. The New Testament
4. My Journey in Life
5. True Parents' Lives & the Early Church
6. Principle Workbook
7. Developing a Life of Faith

One-Day Seminars

8. The Principles of Creation
9. 21 Virtues that Develop My Character

My Book of God



Name: _____

Contents

Unit 1

GOD MADE THE WORLD FOR US

1. How All Things Began
2. God Made Day and Night
3. God Made Air
4. God Made Water
5. God Made Seeds
6. Why God made flowers
7. God made all things for us
8. God gives us food
9. God made many animals
10. Animals feel God's love
11. God made colours
12. God made the seasons
13. God's beautiful world

Unit 2

GOD MADE US

14. God made me
15. My five senses
16. God gave us eyes to see
17. God gave us ears to hear
18. God gave us hands to feel
19. God gave us a nose to smell
20. God gave us mouths to taste
21. God gave us teeth
22. God gave us a body
23. God gave us a feelings
24. God gave us a heart to love
25. God gave us mind, heart & body
26. I'm Special
27. We are God's children

Unit 3

GOD GAVE US FAMILIES

28. My family
29. I love my Family
30. Mama, Do you Love Me?
31. I'm coming mummy!
32. Sylvester and the Magic Pebble
33. Brave Irene
34. The Toy Brother
35. Dogger
36. Caleb and Kate
37. We Learn Respect

Unit 4

PEOPLE IN THE BIBLE TEACH US

38. Adam and Eve
39. Noah
40. The Tower of Babel
41. God's Promise to Abraham
42. Isaac finds a Bride
43. Jacob and Esau
44. Joseph's Coat
45. Joseph forgives his Brothers
46. Baby Moses
47. The Burning Bush
48. Ten Plagues
49. Escape from Egypt
50. Battle of Jericho
51. David and Goliath
52. Daniel & the Lion's Den
53. Jonah and the Fish

Unit 5

GOD GAVE US JESUS

54. The Christmas story
55. Jesus was special
56. Jesus and his disciples
57. Jesus could heal
58. The Paralysed Man
59. The Forgiving Father
60. The Lost Sheep
61. The Lost Coin
62. The Good Neighbour
63. The House built on Rock
64. The Parable of the Sower
65. Pharisee & Tax-collector
66. Rich People

Unit 6

GOD GAVE US TRUE PARENTS

67. Who are True Parents?
68. Korean Traditions
69. More Korean Traditions
70. Father's Home
71. The Moon Family
72. Jesus talks to Father

Unit 7

WE LEARN GOD'S WAY

73. Afraid of the dark
74. God loves us
75. Reporting to God
76. Daddy is praying
77. Talk to God anytime
78. God answers prayers
79. Thank you for food
80. Thank you for my house
81. Helping at home
82. Tammy's kindness
83. Danny's chocolate bar
84. The boy who cried wolf
85. Manners Matter
86. Friends, not enemies
87. The Unhappy Princess
88. Piggy Room
89. Forgetful Ben
90. I Can't Do It
91. Preparing for the New Year

The Old Testament



Name: _____

Contents

1. God's Creation
2. Adam & Eve Disobey God
3. Cain and Abel
4. Noah's Ark
5. The Tower of Babel
6. God's Promise to Abraham
7. Sodom and Gomorrah
8. God tests Abraham
9. Jacob & Esau
10. Jacob's Dream
11. Jacob Meets Rachel
12. Jacob Goes Home
13. Joseph and his Brothers
14. Joseph Interprets Dreams
15. Joseph Forgives his Brothers
16. God Protects Moses
17. God Speaks with Moses
18. Moses and the Plagues
19. Escape from Egypt
20. The Ten Commandments
21. The Golden Calf
22. Twelve Spies
23. The Battle of Jericho
24. Gideon
25. Samson
26. Samuel, God's Prophet
27. King Saul
28. David and Goliath
29. Saul's Jealousy
30. King David's Sin
31. The Wisdom of King Solomon
32. Elijah and the Prophets of Baal
33. Brave Daniel
34. Jonah and the Whale

The New Testament



Name: _____

Contents

1. Old Testament Review
2. God's Rules
3. Listen to God's Word
4. God's Loving Heart
5. The Wise and Foolish Builders
6. Jesus at the Temple
7. John Baptizes Jesus
8. Jesus' Three Temptations
9. Jesus Calls his Disciples
10. Humble or Proud?
11. The Lord's Prayer
12. What shall we pray about?
13. The Golden Rule
14. The Christmas Story
15. The Meaning of Christmas
16. Preparing for God's Day
17. Parables about Money
18. Parable of the Talents
19. The Unforgiving Servant
20. Jesus could heal People
21. Stories of Faith
22. Jesus Calms the Storm
23. Feeding 5,000
24. Jesus' Transfiguration
25. Jesus Goes to Jerusalem
26. The Last Supper
27. The Crucifixion
28. Jesus' Resurrection
29. Pentecost
30. Saul's Conversion
31. Peter leads the Believers
32. Paul's First Journey
33. Paul's Journey to Europe
34. Paul's Journey to Rome

My Journey in Life

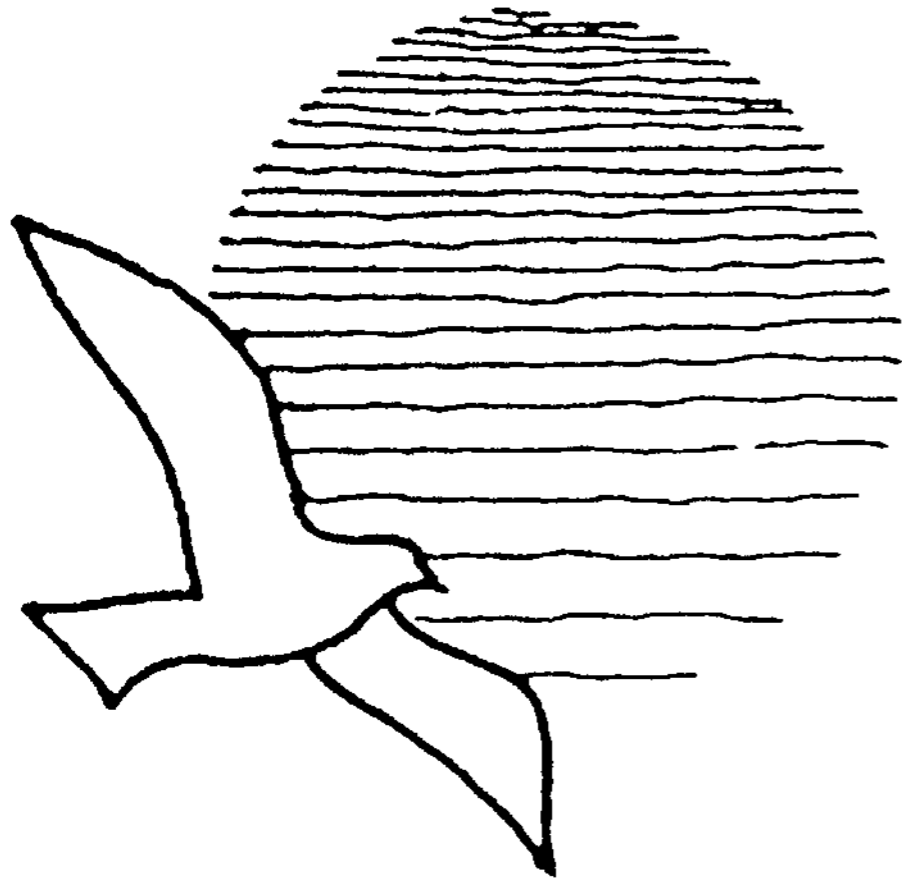


Name: _____

Contents

1. God's History
2. Sun Myung Moon's Childhood (1)
3. Sun Myung Moon's Childhood (2)
4. Meeting Jesus
5. The Divine Principle
6. Cause & Effect
7. Questions about God
8. God Loves Us
9. Give & Take Action
10. What makes you Happy?
11. The Family is the School of Love
12. The Story of Jesus' Birth
13. Saint Nicholas
14. How We Grow
15. The Three Blessings
16. The First Blessing
17. The Physical & Spiritual Worlds
18. What does it mean to be Good?
19. Honesty
20. Respect
21. Following Rules
22. Think First!
23. Anger & Self-Control
24. Follow your Conscience
25. Good & Bad Habits
26. Honesty & Dishonesty
27. The Faith of Joseph
28. A Chosen Person, Moses
29. Blessing & Punishment
30. Consequences
31. Generosity
32. The Gifts of Wali Dad
33. Gratitude
34. Courtesy
35. Preparing for the New Year

Principle Workbook



Name: _____

Contents

Unit 1. God's Ideal

1. Man's Understanding of God
2. Explaining God
3. Describing God
4. Faith in God
5. Subject and Object Pairs
6. Good and Bad Actions
7. God's Purpose for Creating
8. The 1st Blessing
9. The 2nd Blessing
10. The 3rd Blessing
11. The Growing Period
12. Growth & Responsibility
13. Living in Two Worlds
14. The Physical Self & Spirit Self

Unit 2. The Fall of Man

15. The Fall of Adam & Eve
16. What Caused the Fall?
17. Jealousy
18. Results of the Fall
19. The Midway Position
20. Four Kinds of Fallen Nature

Unit 3. Jesus' Mission

21. Who Was Jesus?
22. The Mission of the Messiah
23. The Life of John the Baptist
24. John the Baptist & Elijah
25. Jesus' Last Days
26. The Easter Story
27. What Happened to Jesus & the Disciples?
28. Jesus Didn't Come to Die

Unit 4. The Last Days

29. What the Bible Says
30. What are the Last Days?
31. The Last Days & Today

Unit 5. Preparation for the Messiah

32. God's Work in History
33. God's Chosen People
34. Restoring Mistakes
35. Foundation of Faith
36. Foundation of Substance

Unit 6. Restoration History

37. Cain & Abel
38. Noah's Family
39. Abraham's Family
40. Jacob's Life
41. Jacob & Esau
42. Joseph, a Chosen Person
43. God's Plan for Moses
44. God's Second Plan for Moses
45. Joshua leads the Israelites
46. God's Plan for Jesus
47. God's Second Plan for Jesus
48. God's Third plan for Jesus

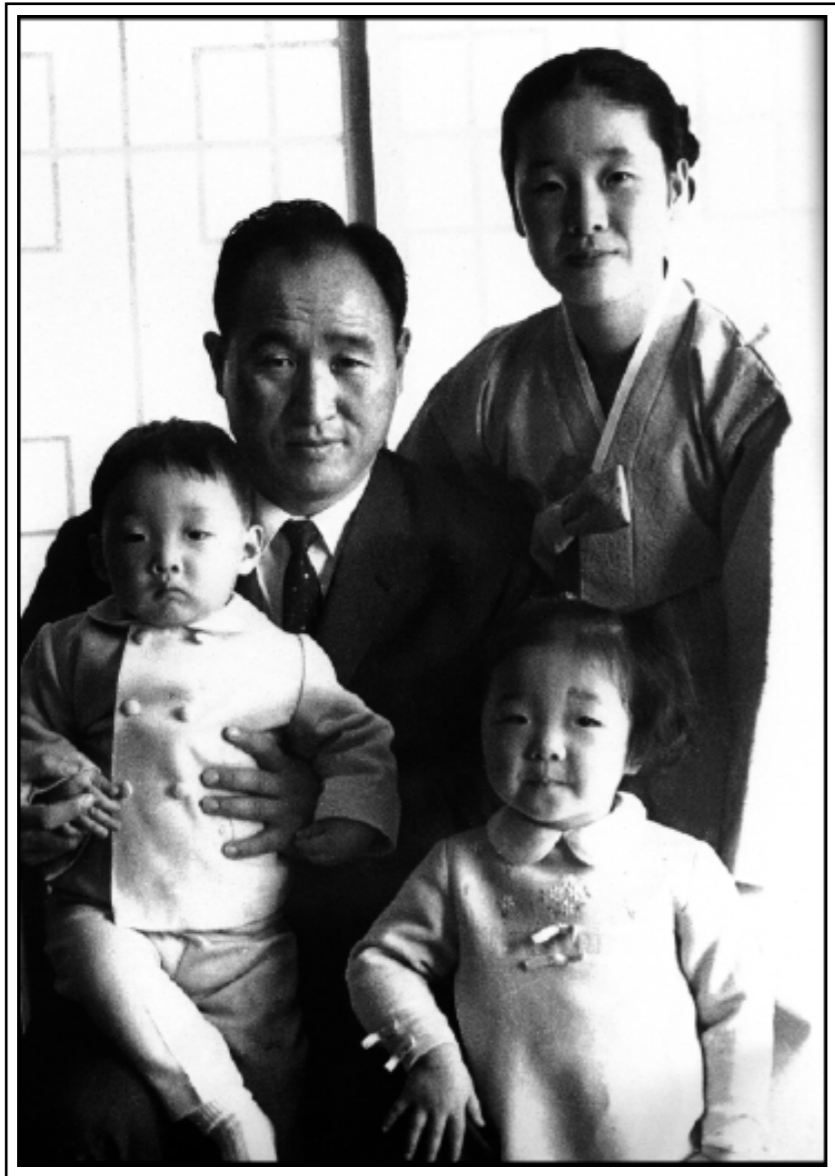
Unit 7. The Second Advent

49. When Will Christ Return?
50. How Will Christ Return?
51. Where Will Christ Return?

True Parents' Lives

& the Early Church

1920 - 1968



Contents

Birth & Childhood of True Father

1. Father's Birth - 1920
2. A Most Unusual Child - 1925-30
3. The Boy & the Bully - 1928
4. The Weasel - 1933
5. Father's Interest in Nature - 1933

The Teenage Years

6. Meeting Jesus - 1936
7. Father goes to Japan - 1941
8. A Mother's Love - 1943

True Mother's Childhood

9. A Princess is Born - 1943
10. Mountain Tigers - 1948
11. Refugees - 1949
12. Island of Purity - 1953
13. The Prince - 1956

The Mission Begins

14. Father Goes to Pyongyang - 1946
15. The 'Inside Belly' Church - 1946
16. The Secret Message - 1946

Prison

17. Torture in Prison - 1947
18. A Show Trial - 1948
19. Heung Nam Prison Camp - 1948-50
20. Liberation from Heung Nam - 1950

A New Start

21. Journey to Pusan - 1950-51
22. Life in Pusan - 1951
23. A House Built on a Rock - 1951
24. The First Divine Principle - 1952
25. Painting Pictures - 1952

Stories of Early Members

26. Grandmother Oak - 1946
27. The Missionary - 1952
28. The First Pioneer - 1953
29. The Crippled Teacher - 1953

The Unification Church Begins

30. The Church is Born - 1954
31. Ewha University - 1955
32. In Prison Again - 1955
33. 40 Day Condition (1) - 1957
34. 40 Day Condition (2) - 1957
35. Marching On Heavenly Soldiers-1963

Holy Weddings

36. The Bridegroom - 1960
37. The Marriage of the Lamb - 1960
38. The 36-Couple Blessing - 1961
39. More Blessings - 1960-63
40. Mother's Course - 1960-67
41. God's Day - 1968

Developing A Life of Faith



Name: _____

Contents

1. What is Faith?
2. What is a Life of Faith?
3. The Midway Position
4. The Fall of Adam & Eve
5. Listen to God's Word
6. Why Do We Need the Messiah?
7. Restoring Mistakes
8. The Importance of Prayer
9. Prayer & Gratitude
10. God's Nature
11. God's Love
12. God's Love & Fallen Nature
13. Attending Sunday Service
14. God's Plan for Us
15. Temptation, Sin & Conscience
16. Four Types of Sin
17. Love & God's Commandment
18. Purity & Temptation
19. Forgiveness
20. Humility
21. Humility & Our Internal Attitude
22. The Key to Happiness
23. Spiritual Conditions
24. The Right Attitude
25. The Meaning of Christmas
26. Francis of Assisi
27. Saint Monica's Faith
28. The Miracle of Juan Diego
29. St. Therese of Lisieux
30. Good Days, Bad Days
31. St. Ignatius of Loyola
32. Spiritual Exercises of Ignatius
33. The Rules of St. Benedict
34. Early Unification Church Lifestyle
35. St. Hildegard
36. Joan of Arc
37. My Identity
38. My Inner World
39. Feeding Our Mind
40. My Purpose in Life
41. Developing My Character
42. Spiritual Reality
43. Three Stages of Life
44. Spiritual Growth
45. Three Stages of Growth
46. Adam & Eve's Mistakes
47. The Goal of History
48. Testimonies of Faith
49. The Blessing
50. Education for Youth

Sunday School Teachers' Manual



- A. General Principles
- B. The purpose of Sunday School
- C. Reasons to be a Teacher
- D. Teaching Material
- E. The Schedule
- F. Rules
- G. Teachers' Responsibilities
- H. How to Prepare the Lesson
- I. A Typical lesson
- J. How to teach the Lesson
- K. Games

One-Day Seminars

Every 6 weeks instead of Sunday school

- **The Principles of Creation**

Chapter One of the Divine Principle

14 seminars over 2 years

- **21 Virtues**

to develop my character

67 seminars over 9 years

The Principles of Creation



Divine Principle
Chapter One

Contents

Introduction

1. God's History
2. Understanding God
3. Sun Myung Moon's Life
4. Meeting Jesus
5. The Divine Principle
6. Three Parts

Part 1 - God's Nature

7. God's Nature
8. Patterns in Creation (1)
9. Patterns in Creation (2)
10. God's Mind
11. God's Heart
12. The Order of Creation

Part 2 - Give and Take Action

13. Subjects and Objects
14. Some Examples
15. Give and Take between God & Man
16. Between Friends
17. Problems with Friends
18. Restoring Friendship
19. God and Friendship

Part 3 - The Purpose of Life

20. What Makes God Happy?
21. Why did God Create?
22. How is Joy Created?
23. God's Purpose for Our Lives
24. The First Blessing
25. The Second Blessing

26. The Third Blessing
27. Where can we find Happiness?
28. Vertical and Horizontal Love
29. The Family is the School of Love
30. Four Stages of Love
31. True Parents family
32. My Family
33. Does Mankind Love Creation?
34. How Can I Be Responsible
35. What Would I Do If?

Part 4 - How All Things Grow

36. Three Stages of Growth
37. Physical and Spiritual Growth
38. Family Rules
39. Understanding How We Grow
40. Rules That Help Me To Grow

Part 5 - The Physical and Spiritual Worlds

41. Living in Two Worlds
42. Man's Position in the Cosmos
43. Three Stages of Life
44. The Physical and Spiritual Self
45. What the Spirit needs to Grow
46. Listen to your Conscience

21 Virtues

That Develop My Character

SELF-DISCIPLINE PERSEVERANCE RESPECT GRATITUDE COOPERATION

RESPONSIBILITY COURTESY COURAGE HONESTY SERVICE FORGIVENESS

DETERMINATION TRU

CONSIDERATION

COMMITMENT GE

SELF-DISCIPLINE

PERSEVERANCE RE

N RESPONSIBILITY

COURTESY COURAGE

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TRUST CARING OP

IN COMMITMENT

GENEROSITY PATIENCE

EVERANCE RESPECT

GRATITUDE COOPERATI

COURAGE HONESTY

SERVICE FORGIVEN

RING OPTIMISM

FAIRNESS CONSIDERATI

PATIENCE HUMILITY

SELF-DISCIPLINE PER

DE COOPERATION

RESPONSIBILITY COU

ICE FORGIVENESS

DETERMINATION TRU

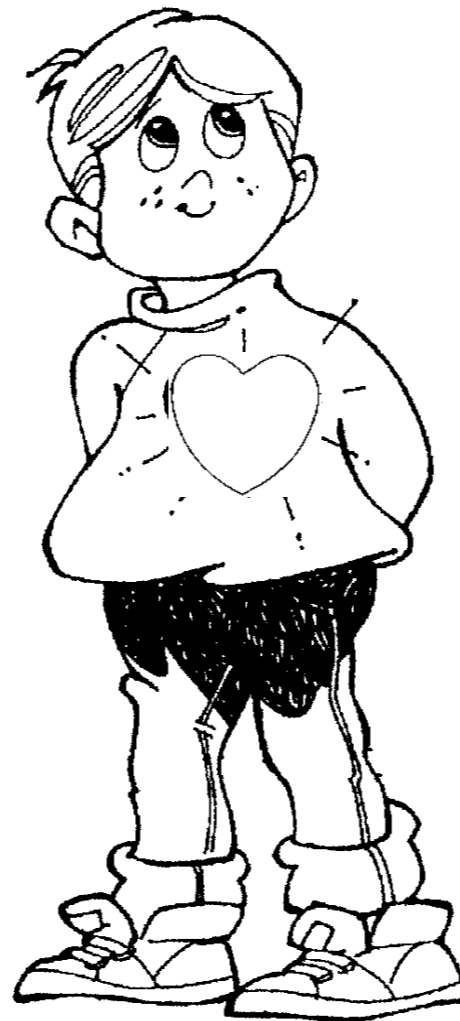
CONSIDERATION

COMMITMENT GE

SELF-DISCIPLINE

PERSEVERANCE RESPECT GRATITUDE COOPERATION RESPONSIBILITY

COURTESY COURAGE HONESTY SERVICE FORGIVENESS DETERMINATION



21 Virtues

1. Self-discipline
2. Perseverance
3. Respect
4. Gratitude
5. Cooperation
6. Responsibility
7. Courtesy

8. Courage
9. Honesty
10. Service
11. Forgiveness
12. Determination
13. Trust
14. Caring

15. Optimism
16. Fairness
17. Consideration
18. Commitment
19. Generosity
20. Patience
21. Humility

Plant a Thought

Plant a thought, reap an act;

Plant an act, reap a habit;

Plant a habit, reap a virtue or vice;

Plant a virtue or vice, reap a character;

Plant a character, reap a destiny.









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am 12.12.2010

Polo Club





Know the good
Love the good
Do the good



Sow a thought
and you reap an act

Sow an act
and you reap a habit

Sow a habit
and you reap a character

Sow a character
and you reap a destiny



How do
you feel
when you
see a
person
in
need?



Contact information

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