

## Fallen Nature #2 and the Oral Personality Defense

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*This is in response to a question we were asked about the oral personality defense, which we wrote about in our book.*

We wish we could unmistakably say, “do this or do that” and your fallen natures are gone. That would be nice and it would have been spelled out already a long time ago. The truth is fallen natures are insidious energies that move around from one defensive expression to another in their effort to stay hidden from our original mind.

When you do begin to recognize its energy, however, becoming aware that you have a “signature” reaction or response that is habitual, and yet somehow feels “fraudulent,” then you can begin to look for and catch your FN/D “in the act” and transform the response from one of duped perpetrator to enlightened individual. Then, our original nature begins to shine and it becomes easier and easier to be your authentic true self.

You ask about the oral personality trait and how to recognize and transform its energy, in other words, how to not be caught up and manipulated by the oral defense.

As we point out, the oral defense is the resultant energy of the second fallen nature—to leave one’s proper position. The person in their oral defense feels the energy of abandonment because they themselves leave their position. God’s energy is vertically aligned and when we move out from under it, we cannot expect God to change His position and continue shining His power current wherever we have moved to. But the oral defense makes us want to do exactly that. The oral person feels, instead of God’s limitless love, a bottomless pit of emptiness (hopelessness, despair) precisely because they have moved off center and out of alignment with God’s original ideal. The oral defense demands life force to be supplied *to them* and they do this by pulling and tugging and taking energetically in the form of incessant talking, storytelling, holding on and clinging to others or for the more quiet type, trying to get their needs met by pulling with their eyes, their tone of voice, and in general by spilling out their sense of worthlessness and hopelessness to whoever is around.

Originally, a child is naturally self-centered, focused on their own senses and experience of reality and they receive love focused on them through healthy energy cords from their parents. Later as they develop and stand on their own resources, these cords become a more balanced two-way expressions of give and take. With the oral person, the healthy vertical circuit was not developed and cords are sent out to find vitality from others in their environment.

When another person makes the special effort to align with the oral person, usually in response to plaintive gestures described above, the oral person can temporarily feel some love and vitality through cording because they are being directly supplied energy and vitality that has been predigested. We call this **enabling**, which perpetuates a dependent state in the oral person.

No matter how much attention you give the oral person, it is never enough in comparison to the direct love of God that they can access by “standing on their own two feet.” This is why the emotional pull of the oral person is so exhausting.

Ideally a person should have deep personal connection with God. When children are weaned from being emotionally dependent the parents (particularly the mother) at the appropriate age they will not develop the intensity of the oral defense.

The oral person needs to recognize that God has not changed His position and that the energy they long for is still available to them. Much like a battery needs to be connected to the positive and negative leads in order to be recharged, prayer that connects to heaven (positive, masculine) and grounding exercises that establish a connection to the earth (negative, feminine), (for instance physical exercises, yoga, tai chi, aerobics, walking, anything to get the body moving and the emotional/spiritual/mental side calmed and quieted down) can help the person with oral defense take appropriate actions to help themselves. The second fallen nature represents the spiritual fall between Lucifer and Eve, so the oral personality trait is in many ways a spiritual yearning for reconnection to God, but because Eve was caught up in her spiritual senses and led astray, we need to ground in our physical senses in order to reconnect to God.?

Also, the oral person wants others to help them and many times loved ones make the mistake of “doing it for them.” What the oral person needs is an environment that will allow them to make the shift themselves. For instance, the other day I was feeling glum. Because Robert and I are very close and sometimes emotionally co-dependent, he often goes into “fix” mode so I don’t have to feel my feelings.

This time, however, he had the brilliant idea of building a bonfire so we could sit outside and talk and roast hot dogs with the kids. It worked beautifully. I was out of my oral space in no time. Had he instead tried to fix me, we might still be talking about my emotional woes because for the person in oral defense there is no fix outside of himself or herself, it has to come from within. So the best thing one can do for an oral person is to help create the environment where the person learns to reach for their own resources and help themselves.

I've been working on the clinical character traits of each defense as they flow from one to another in a theory I am developing which represents *two sides of the same coin*. In other words, as the defenses flow from one to another, they are leaving one energetic space and entering another. It is not one energy that does this but two, a leaving and a coming into. These energies are distinct in some respects, which might account for the range of characteristics each defense displays.

### **Oral Personality Disorder/Defense**

Leaving Proper Position ~ The Spiritual Fall: Lucifer and Eve's Relationship Dynamic

<b>Receptive/Passive</b>	<b>-</b>	<b>Dependent</b>
Passively allowing others to assume responsibility	<b>O</b>	Insistence on being "fed" or taken care of
Lacks self-confidence		Constant demand for attention
Subordinates their needs	<b>R</b>	Need for social approval and affection
Avoids self-reliance		Dread of decision-making. Docile, non-competitive passive
Socially dependent on others for safety, help and gratification	<b>A</b>	Passivity, dependence, fear of autonomy. Submissive, self-sacrificing, placating
Avoids asserting oneself with others (fear of rejection)		Their needs are subordinated and their individuality denied
They require stability, predictability, and reassurance in relationships as rejection is considered worse than aloneness	<b>L</b>	Social tension and interpersonal conflicts are carefully avoided, and troubling events are smoothed over or naively denied
		Beneath the surface lies a plaintive and pessimistic quality. self-effacement and denigration
		Perceive themselves as weak, fragile and ineffective
		Separation anxiety, pessimism, and depression.
		When faced with possible abandonment, panic attacks ensue. Clingy helplessness, pleas for reassurance and support.
		Dramatic shifts of feelings, reversal of the typical passive, subdued style to hypomania activity, excitement and optimism may resemble bi-polar disorder.
		Need for others to guide, to show how and when to achieve security goals
		Shares with histrionic personality type a commitment to an other-oriented direction