WFWP Scotland, Coffee Morning on February 24, 2015

Heidrun Williamson February 24, 2015



This was the first monthly coffee morning in 2015. Heidrun Williamson from WFWP-Scotland opened with a brief update on "Sunrise Africa Relief," the charity shop in Dunfermline.

Following on, the main speaker, Ms. Shidrati Ali, gave a talk about the "Meal On Me" project, which was started by three women in 2013.

They were inspired by the "Suspended Coffee" idea, which originated in Italy. Their aim is to ensure that vulnerable people needing a hot tasty meal can get it. Rather than having a café run scheme with individuals coming and asking for a meal, their vouchers are given to their partnering organisations, who distribute them to their clients in order to avoid any misuse. They have five partner organisations at the moment.

Also, through their efforts they received Scottish charity status in December 2014. Many of the women who were present could relate to Ms. Ali's community work and they were very happy to give different suggestions for the project. After the talk we shared a casual time together with drinks and snacks.