

CARP December Newsletter: Celebrate Young People to Encourage their Growth

Teresa Rischl
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December 2019



Celebrate YOU(th)!

As we reflect on 2019, I'm left with so much gratitude and love for our young people. I'm so impressed by the college students who are trying to make sense of the chaos in the world by taking the "Peace Starts With Me" brand to heart and choosing to love and give back to their campuses and communities. They have determined that they will be a **light that shines on campus**, creating healthy relationships and uplifting others through the many activities they do.

I'm so grateful for **your** support in 2019 to help raise student leaders like Mia, Josue, and Samuel (read more about the students you empower on carplife.org).

Thanks to you and supporters around the world, CARP will be celebrating **54 years** of raising principled student leaders this week! Thank you to the CARP alumni for being role models for future generations to gain courage from. [Read inspiring alumni stories here!](#)

CARP Las Vegas hosts final retreat

CARP Las Vegas hosted a seven day retreat from December 16 to 22, with the theme "Find Your True Self, Change the World." The workshop gave participants an opportunity to go deeper into understanding the principled lifestyle and CARP's founders. Many participants had an amazing experience and are excited to continue their growth with CARP.



End of Year Gratitude Parties

A semester of hard work and dedication was concluded by chapters hosting gratitude parties honoring their members, advisers, mentors, and leaders for making a stand for principles on campuses and investing into students' growth!

If you haven't done so already, make time to reflect and celebrate your victories.



Making the Most of Winter Break

Before the new semester begins, CARP students use their "free time" to give back through:

- Retreats & Workshops
- Volunteering
- Reflection
- Planning Meetings

Thank you to the students who applied everything they learned this semester about "**living for the sake of others**" by giving back to their families, friends, and communities.



Honoring the Fall 2019 Semester



How to Encourage and Support Young People

How do you encourage young people? You celebrate the good that they do. National CARP provides **Semester Awards** to highlight exemplary young people, volunteers, and chapters. Read their stories to learn more about how principles get practiced in real life.

See the full list of award recipients and their stories at carplife.org/awards!

Fall 2019 winners:

Individual

1. Jinka Kawasaki for the Unsung Hero Award (student leader)
2. Bento Leal for the Unsung Hero Award (volunteer)
3. Junta Naito for the Global Citizen Award
4. Takamasa Imai for the Advisor of the Year Award
5. Anthony Mendoza for the Rising Leader Award
6. Joshua Holmes for the Legacy Graduate Award

Chapters

1. CARP New Jersey for the Chapter Service Award
2. CARP Pasadena City College for the Standing for a Principled Viewpoint Award
3. HARP Utah for the Standing for a Principled Culture Award
4. CARP Arizona for the Rising Chapter Award
5. Midwest CARP for the Teamwork Award

There were many nominations of wonderful examples - thank you to everyone that contributed to the process. We love how CARP Bay Area created their own awards in their chapter.

Encourage students by celebrating the good in them. Let them know you are proud of them or inspired by them. Let them know that you care. And listen. It's in these little ways that you reinforce **principled leadership centered on truth, beauty, and goodness.**

This year in 2020 I'm really excited about **engagement: how can we engage as many people as possible in this mission?** Whether students, volunteers, alumni, faculty, or community members, I am excited to work together with you to help students be principled leaders on their campuses. It's so important to create a revolution of heart to inspire students to live not just for themselves, but for the sake of something bigger.

Thank you for your support so far. Let's connect! Email me at teresa@carplife.org with any ideas or inspirations you have.

With gratitude,

Teresa Rischl
National CARP - USA

