

## CARP USA Newsletter for October 2019 - Seeking Harmony > Balance

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November 5, 2019



### Seeking Harmony

A student's life is about trying to learn to balance school with work, extracurricular activities, family, friends, and more. But balance is something we are always trying to find or achieve, even after school is done. The search for balance is never-ending...

I recently heard a great insight: seek harmony over balance. Not everything will be balanced all the time because things (like mid-terms and events) come up that make us put a bit more focus on that versus other things. And that's just part of the cycle of school and life. Instead of trying to balance and make everything even, what if we sought **harmony** instead?

When we shift to seeking harmony, we begin to recognize the relationship between:

- Myself and God
- Myself and others
- Myself and the world around me

Relationships allow us to interact and grow, particularly if we focus on harmonious relationships. That's been CARP's focus for the last month as CARP students reached out to others in harmonious partnership. In this newsletter, you'll hear about CARP student highlights in Las Vegas, Chicago, the San Francisco "Bay Area," and New Jersey.

***And, thanks to our generous supporters, students had the chance to travel to attend special events to inspire and engage each other, creating more momentum and excitement on their campuses. Stay tuned for how YOU can contribute in our Giving Tuesday Giving Campaign on December 3rd!***



CARP Las Vegas hosted their 5th Campus Talk event on Nov. 2 titled, "**Challenging our Hyper-Sexualized Culture.**" [CARP Las Vegas](#) took their Campus Talk to another level by hosting a 21-day social media campaign leading up to their 1-day conference where they invited guest speakers to share about intimacy, family, and more. They also got advertising from a local radio station! Stay tuned for a full report.



*"What I learned from [the Peace Starts With Me Chicago Gala] was that it isn't just about treating people how you want to be treated, but about how we should all treat each other like we are one big family and work together continuously to create better peace in our society." - Britney Tran, sophomore, Grand Rapids Community College*

Britney was just one of the two dozen students that traveled from Grand Rapids to Chicago on October 19th to join the greater movement for peace and harmony. [Read about it here.](#)



On October 19, CARP Bay Area held its second Unification Principle (UP) Seminar of the semester. It was special because it featured a majority of sessions run entirely by the students! The best way to learn is to do. What a great experience for our young people to practice creating and sharing a principled culture! [Read more about it here.](#)



CARP New Jersey Institute of Technology discussed the importance of family two times this month in their effort to bring **#conversationsthatmatter** to campus. It was a great reminder that no matter how much you need to study and focus, we need to maintain harmony with our family. Family is, after all, our first school of love.

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# Announcements

## This Weekend!



About 20 CARP members will be attending the [Love and Fidelity Network](#)'s annual conference taking place this weekend at Princeton University in New Jersey.

They will join 300 other students standing for marriage and family. We are very excited for them to have this experience, which they can bring back to their campuses! Keep them in your prayers and stay tuned for the full report.

Don't forget to **support CARP's End-of-Year Giving Campaign!** Stay tuned for more stories of impact this month as we get ready for Giving Tuesday (the biggest day of the year for supporting great work through donations) on December 3rd. Your donations go to support things like student sponsorship, student training, and materials to spread CARP's principles and culture with students on campus.

When students are connected to CARP's vision of living for the sake of others, they grow in their leadership in heart, and go on to positively impact those around them. Please consider giving a tax-deductible gift as we launch CARP's Giving Campaign in the next few weeks.

Thank you for being part of the CARP movement. God bless!

Teresa Rischl, *CARP USA President*

