

FFWPU UK: The High Noon Team Continues Their Journey Across Europe!

Michael Balcomb
March 22, 2023



Tune in to see where the High Noon team has been and what their final stop in Europe will be! This is your last chance to sign up for this week's event in Camberg!

The High Noon team continues their successful tour of Europe. Last weekend they were bringing their inspiring message of purity, character and sexual integrity to around 60 people from 5 nations at a lively programme in the Peace Embassy in Budapest, Hungary. Below you can see some photos from the weekend in Hungary:



"It was truly an amazing time spent together," says High Noon director Andrew Love. "A big thank you to the High Noon staff (including Mickey, Andi, Daria and Sebastian), the Budapest community leaders, the participants, their supporting parents, and the lovely mothers and strong fathers helping with cooking

and cleaning."



This coming weekend the team will be in Camberg, Germany for their final presentation and they will be joined on site by the High Noon founders (and generous sponsors) David and Mitsue W. from Seattle. Don't miss the last chance to learn how to live a life with no shadows! To register for Camberg [click here](#).

Dates: March 25th to 26th (arrival on March the 24th in the evening possible)

Location and Accommodations: Bad Camberg Workshop Center

Participation Fee: €40 for arrival on Friday and €30 for arrival on Saturday morning.

For more information about the Spring challenge and to sign up please visit [here](#), and for more information about the European Tour [click here](#).

To learn more about High Noon please visit their website highnoon.org.

Germany High Noon Workshop | March 25–26



* Required

Email *

Your email

First Name *

Your answer

Last Name *

Your answer

Gender *

Male

Female

Age *

Your answer

Relationship Status

Single

Matched

Married

Other: _____

Country of residence *

Your answer

Phone *

Your answer

Arrival Day *

- Friday, March 24 (€40)
- Saturday, March 25 before 9:00am (€30)

Pick Up (Please inform us with WhatsApp in a **written manner** about any changes *
(+49 152 28 04 68 81)

- Not needed
- Fr, March 25
- Sa, March 26

Arrival Time

Time

__ : __ AM ▼

Payment Method *

- Option 1: Send by PayPal
- Option 2: Wire funds

Any dietary restrictions or allergies? *

- None
- Vegetarian
- Other: _____

Are you a student? *

- Yes
- No

Comments/Questions

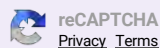
Your answer _____

A copy of your responses will be emailed to the address you provided.

Submit

Clear form

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High Noon Spring Challenge

It's Spring time, time for new growth... Now you have the opportunity to experience powerful growth too!

April 6 to May 11

[Register Here](#)



Six Impactful Weeks

We want to help you make your vision for healthy, vibrant sexuality *real*.

Shame and isolation are huge obstacles in this journey, so we want to give you the **knowledge** and **support** to free yourself of shadows, establish meaningful connections, and live your vision now!

What to expect:

- Weekly 1-hour Masterclass calls
- Small group breakouts by gender of 3-4 participants
- Weekly reflections
- Daily reading of *Core of the Universe*
- WhatsApp group chat connection
- Six lessons with engaging discussions (*see topics below*)

Every Thursday at 20:00
(Central European Time)

– Starts Apr. 6

Apr. 6 | Apr. 13 | Apr. 20 | Apr. 27 | May 4 | May 11

Weekly Topics



Week 1: "Courage & Trust"



Week 2: "Honesty & Self-Awareness"



Week 3: "The Key to Experiencing Grace"



Week 4: "Power of Accountability"



Week 5: "Building the Integrity Muscle"



Week 6: "Creating a Clear Vision"

Sign Up!

Testimonies from previous participants...

"Through discussion I have come to realize where my concepts of sexuality come from, and what caused me to struggle in expressing things to my family/parents. I have deepened my understanding of the Principled explanation of sexuality and deepened my conviction in the Blessing as an ideal to strive for. Exploring what it means that sexuality comes from God. How to live differently with that understanding, questioning, 'What can sexuality inspire me to do as a single person?'"

"The weekly calls have been phenomenal for me so far, and I intend to stay involved with them for a long time. What made all the difference is knowing that I'm not alone on the path of recovery. I see now that I was never going to master the addiction by myself; I was using porn as an escape from isolation, but what I really needed was connection."

"My group experience overall was amazing! It really helped me jump start my journey towards sexual integrity with it all starting with fixing my sleep schedule. This drastically improved my morning routine and everything else seemed to follow through after I took that step to fix my sleep schedule. So, I'm very grateful for this group for helping me fix that. Overall, I felt the love and support from my fellow brothers. I just love having the space to be open and honest and share how I am doing every week. It really is a game changer."

Sign Up Today

Spring Challenge Sign Up

Email *

First name *

Last name *

Gender *

Birth date *

Country *

Contact method *

What do you hope to gain from this program? *

Submit

For more information, visit [www.healthyhills.com](#) or call 1-800-455-4555.

Have a question?

Set up a meeting with a staff member below.



Robert

Book a call



Mai

Book a call



Benjy

Book a call

Daily Readings

Read one chapter daily of *Core of the Universe* and do the reflection questions at the end of each chapter. The most important thing is to reflect on the questions, so make sure you prioritize doing the discussion portion every day.

If you have someone to read and discuss with, we recommend doing that.

If you fall behind with the reading, you can find your place using the timeline below.

Week 1

- 01 Core of the Universe
- 02 Original Palace of Love
- 03 Original Palace of Life
- 04 Original Palace of Lineage
- 05 God's Purpose for the Sexual Organs
- 06 Chemistry of Love
- 07 *You can take a break from reading on Wednesday if you wish.*

Week 2

- 08 Chemistry of First Love
- 09 First Night
- 10 God's Wedding
- 11 Guardians of the Universe
- 12 Sexual Purity in Mind & Body
- 13 Why Do We Marry?

14 *You can take a break from reading on Wednesday if you wish.*

Week 3

15 The Sacred Value of Sex

16 Heaven's Gift Exchange

17 Two Become One

18 Fidelity in Marriage

19 True Love is Blind

20 Make Love a Verb, Not a Noun

21 *You can take a break from reading on Wednesday if you wish.*

Week 4

22 Spirit World & Conjugal Love

23 What Is Absolute Sex?

24 Absolute Sexual Purity

25 Absolute Sexual Ethics in the Family

26 Absolute Sexual Ethics in the World

27 The Root

28 *You can take a break from reading on Wednesday if you wish.*

Week 5

29 Crossroads of Heaven or Hell

30 The Odyssey

31 Immorality & Youth

32 Immorality in the Family and World

33 Learning About Sex From Our Parents

34 *You can take a break from reading on Wednesday if you wish.*

Week 6

35 Why Does the Messiah Come?

36 Midway Position

37 Ending Shame

38 Life Without Shadows

39 The Pure Love Movement

40 *You can take a break from reading on Wednesday if you wish.*



High Noon is Coming to Europe in March!



The High Noon team is coming to Europe in March to hold workshops for young adults!

These workshops will be about living a High Noon life without shadows – it will not just be about porn!

We will be having 2-day workshops for young adults in the United Kingdom, Poland, and Germany.

(For more details, watch the videos above)



Workshop Details



March 4–5 in the United Kingdom
(Livingstone House)

[MORE DETAILS HERE](#)



March 11–12 in Poland
(Glanow Workshop Center)

[MORE DETAILS HERE](#)



March 18–19 in Hungary
(Peace Embassy, Budapest)

[MORE DETAILS HERE](#)



March 25–26 in Germany
(Bad Camberg Workshop Center)

[MORE DETAILS HERE](#)

Previous Workshops Photos



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Life Without Shadows

Life Without Shadows

Join a Program

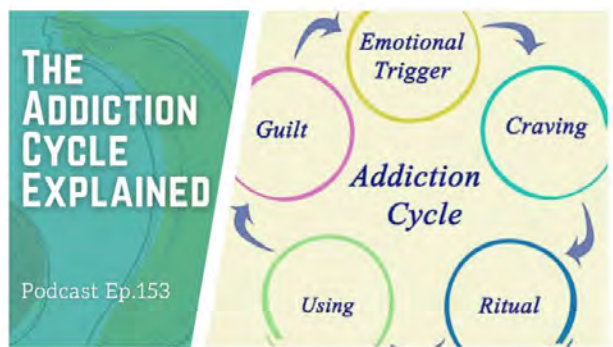
High Noon is an international organization building a culture of empowered individuals, radiant couples, and thriving families.

The main pillars of our culture are [honesty](#), [grace](#), [integrity](#), [accountability](#), and [courage](#) ([learn more](#)).

When these values are practiced and embodied, we can experience life aligned with our highest hopes and ideals, a *life without shadows*.



#155 - Quitting Porn After 50 Years of Struggling | Jim Stinard



#153 - The Addiction Cycle Explained



#152 - Standards vs. Ideals with Carina Cunningham



#149 - God's Sexuality with Dr. Sandra & John Lowen



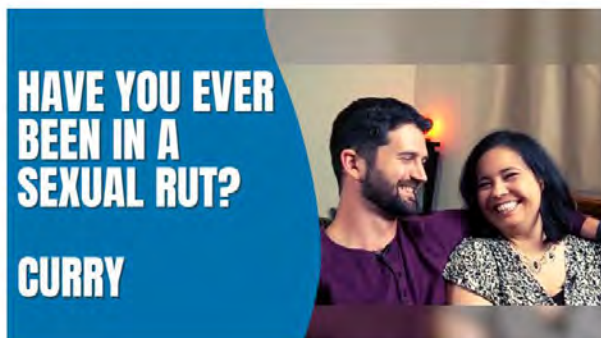
#148 - The "I Need to Release" Rumors



6 Things to Do Instead of Watch Porn



God & Sexuality | Crescentia & Leighton DeGoede



Have You Ever Been In a Sexual Rut? | Curry




For Men: Sex, Health, & Happiness | Christoph Yasutake

All Blog Posts

Discover a High Noon life

Join our community of men and women who are cultivating sexual integrity and heavenly intimacy.

GET STARTED



What We Do

Ascend:
Sexual Integrity
(Porn Recovery)



Gain sexual integrity in your life and experience freedom through self-paced courses and small groups.

Known:
Sexuality for
Singles



Whatever your current situation or history, we invite you to be *known* in a safe community where we strive for deeper self-awareness, empowering connections, and a clear vision for the future.

Energize:
Marriage &
Sexual Intimacy



Experience interactive educational content for married couples through retreats, courses, and online content.

[Learn More](#)

Latest from High Noon



#167 - Run Towards Difficult Conversations to Find Freedom
Mar 22, 2023



#166 - Using Hypnotherapy to Quit Porn with Isie Akpan, C. Ht
Mar 15, 2023



#165 - 5 Stages to Focus & Fulfillment
Mar 8, 2023





#164 - Building the Integrity Muscle - Winter Program Series Pt.6
Mar 1, 2023



#163 - Leverage Accountability to Achieve Anything You Want - Winter Program Series Pt.5
Feb 22, 2023



#162 - Grace: The Secret Missing Ingredient to Fulfillment - Winter Program Series Pt.4
Feb 15, 2023



#161 - The Importance of Honesty & Self Awareness - Winter Program Series Pt.3
Feb 8, 2023



#160 - Having Courage & Trust - Winter Program Series Pt.2
Feb 1, 2023



God & Sexuality | Crescentia & Leighton DeGoede
Jan 19, 2023



Have You Ever Been In a Sexual Rut? | Curry
Dec 15, 2022



For Men: Sex, Health, & Happiness | Christoph Yasutake
Dec 8, 2022



The Power of One: Strategies for Change | Debby Gullery
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Life Without Shadows