

## Hyun Jin Moon's Family Peace Association: Happy Father's Day

Howard Self  
June 18, 2022



Dear fathers and father figures in our lives,

Thank you for your love, the warm and tough; your protection and strength; your vision for our family's future; your "amazing" dad jokes; your faith in us and our potential; your stories and lessons; your integrity and honesty; and so much more. Thank you for everything. Happy Father's Day!

Love,  
Your children

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### **Life Lessons from Our Dad**

by Dewey, Kenn and Michael Mowris



It's Father's Day and it's time to be grateful for the father figures we look up to in our lives. As his 3 sons, we love our father a lot. He is a kind, wise, and supportive person. We continue to learn from him and wish to grow based on his life lessons. Today, we would like to share some of the lessons we learned from him. The lessons below are written by us, from the eldest son to the youngest. ([Keep Reading!](#))

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## 800 Yards in a Cedar Swamp



Recently I was trying to explore a piece of land and reached out to my son for his help.

The goal was to reach the Northeast corner of the property, which holds about 300 large trees. This corner pitches up and away from a Beaver Pond and contains potential camping spots, lumber, and a quiet sanctuary.

To reach that high land, we had to cross a creek, a meadow of high grasses, and then traverse a cedar swamp. The Northern White Cedar is an interesting tree. It forms hummocks, two to three feet above the ground, often showing little caves underneath. Cedar logs lay crosswise covered in moss. It is treacherous to cross even during the dry season. [\(Keep Reading!\)](#)

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## Life Lessons from Our Dad

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### **Be Open-minded with Everyone You Meet**

Our dad is a thoughtful and kind person. Whenever he meets someone we don't know, he lets them talk first. He lets them say what they want to say even when he doesn't agree with what they are saying. He talks in a nice and friendly tone that makes people open up to him. Dad has a calm and friendly personality when he talks to people. People seem to like talking to him. Even when talking to tired-looking clerks, he would say a joke or make a funny remark now and then and makes them laugh. People like his kind and honest

demeanor. Dad has a saying that Grandma told him that is a guiding compass for his life. "Be kind to everyone, you don't know what people are going through". Watching our dad live by this saying inspires us to be open-minded with everyone we meet.

### **Continue Learning and Share Your Wisdom with Others**

Since our dad was young, his mother (our Grandma) inspired him to read books. As time passed by, Dad got into the habit of doing research every time he had an interest in something. Even today, he is doing research on many things that catch his interest. For example, one time, I had to build a digital analog clock for college. Dad researched on what cables are best used and what preparations are required. When I was trying to lose weight, he researched the best techniques on not just losing weight but building muscle. He even added new exercises to his own routine. He would encourage us as he shared the new things he has recently learned. He also learns from the experience he gains through different activities he has done, and by meeting different people. Not only would he develop new skills, but he would also research ways on how to do them better. As Dad gets to know more people, they would share their experiences as they converse with one another. Dad would later share some of that wisdom with us whenever he learned something new or when it is an answer to our questions. He often inspires us to continue learning for it not only benefits us, but also others when we share or use that wisdom.

### **Be Supportive and Present**

Our dad is very supportive of my siblings and me, and I am very grateful for all he has done for us throughout our lives. Whenever we have doubts or concerns, he is always available in giving us advice that helps us understand and allows us to get a better idea of what we should do. Also, because our dad makes an effort to learn various topics, and because he has had many different experiences throughout his life, we are always able to use his knowledge and experience to grow and improve ourselves.

As we shared about our father, we hope that you are also inspired to reflect on the unique life lessons your father or father figure helped to instill in you. We also hope that this short sharing can inspire young fathers to be good examples for their children so they can grow to be better than them.

To all of our fathers and father figures in our lives, we wish you a Happy Father's Day!



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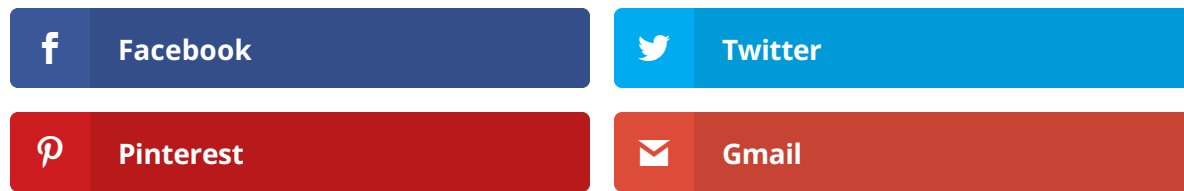
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To reach that high land, we had to cross a creek, a meadow of high grasses, and then traverse a cedar swamp. The Northern White Cedar is an interesting tree. It forms hummocks, two to three feet above the ground, often showing little caves underneath. Cedar logs lay crosswise covered in moss. It is treacherous to cross even during the dry season. When it is wet, one can't know how deep the water is or whether a moss-covered hummock will sustain your weight. That week had seen heavy rain.

My son was the trail finder, encourager, and rescue team rolled into one. At least twice I fell back into the water. Trying to turn about, find a foothold,

discover a branch to pull myself up, I wound up almost chest high in water. With good cheer, he steadied me, offered me a way up, and then patiently waited. Although I only carried a small pack, as my clothes soaked up water, I exhausted myself just moving. We thought we had reached high ground several times, only to be disappointed by further fen and fern. His calmness and confidence lifted me as much as his strength. We made it to the sunny forest, explored it, and learned a navigable way out.

I was inspired, that he was willing to spend his time, reviving me those few times and that he was excited as I was to explore new territory.



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## **HAPPY FATHER'S DAY!**

Celebrating the fathers and father figures in our lives  
and recognizing the tremendous impact they make

*"Fathering is not something perfect men do, but something that  
perfects the man." – Frank Pittman*





### **800 Yards in a Cedar Swamp**

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By T. Jeon Today, it's become extremely unusual to have four kids. One or two is the norm, three raises eyebrows but four is just a bombshell. I've commiserated with other "four plus" parents who have faced the same. The looks that are cast our way as our blob of...

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### **Lessons from My Father**

By R. Jeon My father carried with him just two memories of his father. These were given to him by his mother, who told him these two things throughout his boyhood. One was that his father loved his mother as if she were the only woman in the world. It was such that...

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### **Tales about Grandpa and the Gifts He Gave to Mom**

Originally published: Jun 19, 2020 This is a shortened version of a biographical essay I wrote when I was in elementary school. We were asked to interview our parents and I had interviewed my mother. This became, in a way, more of an ode to my mother's father (my...

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### **My Letter to Dad**

Some notes for dad: Thank you for your love. I am especially lucky to have a father like you who makes sure I am healthy and strong. You push me to be better, try my hardest even when I fail. Make sure I am prepared and have eaten my meals. I love it when you...

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### **Grace: Being a Father and Grandfather**

By Mike Yakawich As Father's Day is right around the corner, I was thinking about fatherhood. I heard an ad once on TV that stated, "You do not have to be perfect to be a parent." This makes so much sense to me. I loved my pops. He was not perfect. He taught me a lot....

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By K.M. When you have a boy, there are certain things that you know will probably be inevitable: knee scrapes, fights, mud, and broken bones. Even if you expect it - each one weighs heavy on your heart. So when our extremely active three-year-old boy fractured his...

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### Our 2-Year-Old Thanksgiving Gift that Keeps on Giving

By Nathan Breland Who knew how this little curly-haired bundle of joy could have had such an impact on me and my wife? He surely has. And it was even more fitting that he made his appearance on Thanksgiving Eve, right in time for Thanksgiving, because he has truly...

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### **Fatherhood...Is Simple yet Profound**

By Nathan Breland Being a father has taught me and instructed me much, even at only a year and a half of experience. Although I may not have the wisdom of a father with grown children, I probably have a more vivid memory of the beginning of our son Daniel's 1.5 years...

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### **Being Involved as a Father**

By Kenshu Aoki As parents, I think it's important to have a special relationship with each of our children because no two children are exactly alike. I am a dad of five children and each child has a unique place in my heart. In this video below, I share about my...

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