

## UPF UK Celebrates United Nations International Day of Families 2021

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At the United Nations International Family Day 2021 we will be celebrating parenting and child development.

The Universal Peace Federation's co-founders, Father and Mother Moon, promote the family as a sacred institution where people first learn what it means to love. Families provide children and parents the experience of living for the sake of others, loving different types of character and the art of compromise and

negotiation.

It is natural for such love within the family to be extended to wider relatives, which in turn extend to the community, society, and nations.

At the celebration we will be joined by four guest speakers and powerhouses of the family, who will give us their insight into the essential role parents play in society, raising children and early child development.

### **Dr. Carole Ulanowsky,**

Awarded a Ph.D. for her intergenerational study of Motherhood, she is a mother of four and grandmother of six, an educator and researcher. She explores early life connections between mother and child and the link between attachment, early communication, and emotional wellbeing. New research shows a critical connection between a child's genetic makeup and their environment of care. She will speak about the importance of the family - and early child development.

### **Frederick Clarke,**

Frederick Clarke has a Business Law degree and PGCE and is an experienced lecturer, with over 14 years' experience in further education. In 2002 he launched Mighty Men of Valour (MMOV) in Croydon, whose aim is to change the lives of boys, young men and fathers so that they in turn make a significant and beneficial difference to the lives of their children, their spouse and their community. He will be speaking about "Why Fathers Matter"

### **Dr. Nicola Bailey,**

A specialist in parenting and family support. She will be addressing the transition into parenthood beginning with a quiz on what we think we know about becoming a parent. Her talk will focus on the transition into parenthood, the challenges this presents and how it can best be managed. She will explain why tracing the threads of our own experiences will put us in a better place to understand and support others.

### **Teuta Avdyli,**

A wife, mother of two beautiful children and a bestselling author of the books, "Born to Stand Out, Not to Fit In", and "Family Legacy of Love". Teuta is an advocate of bringing up strong, confident, and resilient children with a clear, loving structure, traditional notion, and high parental expectation. The approach she will share is to educate, inspire and support families, while empowering women to expand their vision to live the life, legacy and impact they dream to have. Teuta will have an interactive section in her presentation for those who want to ask a question or make a maximum 60 seconds comment. Teuta will ask the audience, 'What would you like your children to remember you by?'