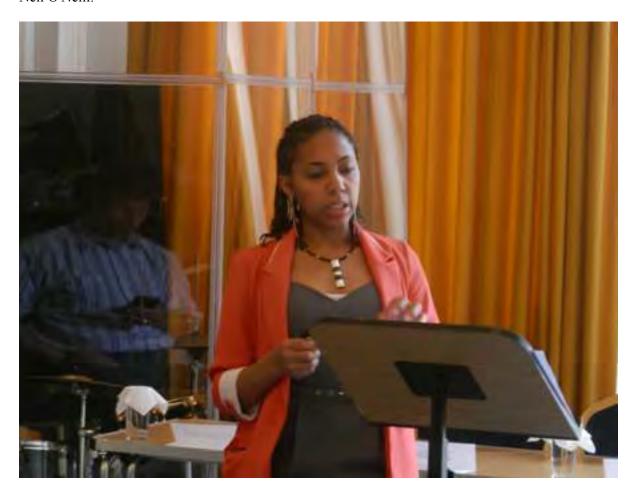
## Youth UPF-UK holds Training Day seminar in London HQ.

Robin Marsh June 24, 2013



Youth Universal Peace Federation (UPF) - UK held a Training Day seminar on Saturday June 22nd in the UPF London HQ to inspire everyone present to want to contribute to society and to grow their sense of responsibility in creating a better world while furnishing participants with some practical skills and knowledge in order to do so. In the middle of the day a panel (photo) featuring Hashi Mohamed, Zoe Jackson and Samir Sawhney inspired all present by their accounts of mentoring and inspiring others to excel by exhibiting the abilities and character promotedby the seminar.

The first session established a pattern of Principled Leadership with a presentation by Bogdan Pammer, the Founder of Youth UPF, and explanations of Youth UPF activities by Co-Directors Christa Kamga and Neil O'Neill.



## Panel on Principled Leadership and Motivation In Action

Hashi Mohamed: Hashi studied at City Law School and was 'called to the bar' in July 2010. He completed his pupillage in 2012 and has focused on a broad range of private and public law. He currently practices at 39 Essex Street Chambers. His practice as a lawyer is building an international scope, with focus on areas such as Africa, the Middle-East, Europe and North America. Prior to his work in law, Hashi was a broadcast journalist with the BBC. He has done a range of mentoring and community work alongside his professional life. He has a compelling story with regards to how he got to where he is now.

Zoe Jackson: The Founder and Managing Director of Living the Dream Performing Arts company. She

founded the organisation at age 16 to inspire young people and subsidise her performing arts training and education. In addition, over the last seven years, Living the Dream has grown to include a school of performing arts, a professional dance company and a charity, the Dream Foundation. Through her work, she has received support and endorsement from Richard Branson who she worked with to campaign for the 'start-up' loan scheme. She has received a range of awards from a variety of prestigious organisations for her work and entrepreneurship.



Samir Sawhney: Is a Co-Founder of 'Motiv8 Sports and Fitness' along with Farhan Rauf (who unfortunately was unable to join us for today). He possesses over 10 years of coaching and training experience in the areas of grassroots community development. Combining their qualifications in sport and fitness, Samir and Faz have offered a wealth of common sense and modern thinking in an ever changing industry.

After lunch two presentations were given to develop skills for leadership and networking. Adam Nazar: Founder and CEO of VIP-Minds (Vision Inspires Passionate Minds), an organisation which specialises in the education and training of young people in developing their interpersonal and professional skills, as well as self-confidence. Alongside his business work, he holds a host of posts in the third sector and has been an adviser for the Youth UPF committee since 2011.



Robin Marsh: Has been a key figure in UPF and UPF related organisations since its inception in the UK. Through his work, he has developed a key strength in networking.