



YOUTH & YOUNG COUPLES SUMMER WS

On my way to Happiness

Lively voices filled the workshop site in Gafrenz, Austria from the 3rd until the 8th of August. The main cause were the 41 international participants and staff from 6 different nations of the Youth and Young Couples Workshop that was organized by Harp & Carp Austria.

The theme “On my way happiness” came out of the desire to create an uplifting workshop, where everyone involved could have the opportunity to reflect about and work on their relationships in life. Relationships were a vital focus of this workshop – in specific the 4 Great Realms of Heart. Despite the big age gap of the participants the lecturers managed to convey topics such as *How can I love myself? - My identity as a child of God as the root of true self love, Siblings’ and Conjugal love - The meaning of true filial piety - The love between Parents and Children - Importance of Community* in a meaningful and interactive way.

The WS theme was also explored through various activities, such as teambuilding, brother & sister afternoon, testimony night, game night, challenge day and of course daily sports. An activity that turned out to be very meaningful for many was a special letter activity, where the participants received a letter from their parents as a surprise and could write a letter back, expressing their heart and sometimes things they have not been able to express until now.

We want to express our deep gratitude to everyone who was involved to make this workshop happen – all lecturers, staff, parents and of course the participants. A special thanks goes also to our cook Ilse Steiner, who provided us with delicious physical food next to the spiritual nutrition we received.

