Life Lessons from True Parents

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10 Life Lessons from True Parents from the Book One Family under God published by UPF Feb 2008

1. God is the parent of us all.

People think God is sitting on the throne of honor and glory as the absolute master, having nothing to do with the created world of all things. There is another side to this, however. The relationship between God and human beings is that of parent and child.

2. We are eternal beings.

The spirit world is a world that really exists and to which all humans are bound to go as an extension of their earthly life. Human life is one continuous stream from conception and life in the womb all the way to an eternal life, after physical death ends our eternal life. The numerous saints and sages who have lived on earth throughout history are still living in the spirit world.

3. We reap the fruits of what we sow on earth.

Each moment in our earthly life is recorded in the spirit world exactly as it takes place. A life lived for the sake of others, a life of true love, is the absolute precondition for entering the kingdom of heaven. On the day when we cross over to the spirit world, our life's record will become the basis for judgment. That is why all human beings should practice a life of true love and sacrifice themselves for a greater cause.

4. God directs us through our conscience.

God is the subject partner of your conscience. Following God as your vertical subject partner, your mind stands in the position of the vertical subject partner to your body, bringing the mind and body into unity.

5. Evil can be overcome.

God has been the parent of pain, sorrow, and lamentation ever since He lost His first children, Adam and Eve. Throughout history, human beings have not known the identity of the devil, Satan, who caused the human Fall, which led to all kinds of evils. For fourteen years, Rev. Moon labored desperately to discover all the secrets of the spiritual world through many bruising spiritual battles. Finally, he discovered the real identity of Satan, the origin of all evil. He also uncovered Satan's strategy and tactics for multiplying his power. The human blood lineage defiled through the fall can be restored through the marriage blessing movement.

6. Love is perfected in four types of relationships

The four realms of love and heart are parental love, conjugal love, children's love, and siblings' love. We find them in the joyful and loving heart of a mother who cradles her baby in her arms and nurses it at her breast. We find it in the devoted son who finds his greatest satisfaction through dedicating himself to helping his parents.

7. God desires to dwell in our family.

The attraction of true love brings all things in the universe to our feet; even God will come to dwell with us. The main attributes of God's absolutely true love is that it is absolute, unique, unchanging and eternal. Therefore, whoever practices true love will live with God, share His happiness, and enjoy the right to participate as an equal in his work. You should form families that God will miss and yearn to return to after He has been away. You should raise families to which He can come freely as a parent visiting his children. This means that you need to establish a true family wherein the stem of true love emerges from the root of true love and bears the fruit of true love. In this manner, the three generations of true grandparents, true parents, and true children should live together as one family and serve the eternal God.

8. The essence of love is living for the sake of others.

True love's essence is giving, living for the sake of others and for the sake of the whole. True love gives, forgets that it has given, and continues to give without ceasing. When we are bound together in true love, we can be together forever, increasing in the joy of each other's company.

9. Barriers can be dissolved through true love.

It is time for all nations and religions to break down their barriers. True love has the power to dissolve the barriers fallen people have created, including national boundaries and the barriers of race and even religion.

10. History is unfolding according to a divine purpose.

History is not merely a record of events that take place by coincidence. It is flowing in a clear direction and with a clear purpose. If you carefully examine the progress of history, you will discover God's plan and sense his presence as he tirelessly worked behind the scenes. God's desire is to save humankind from evil and sin, and to actualize the ideal he envisioned for all that He created. Civilization began centering on four of the world's great rivers and shifted to the peninsular civilizations of Greece and Rome. The European continental civilization emerged, then an island civilization, Great Britain. God raised the American people through Christianity and worked through America to bring his providence to its present state. Civilization has completed a circuit and has now arrived on the shores of the Pacific Ocean. No force can stop God's providence now, and civilization will bear fruit in the new age of peace that will start in the Pacific Rim region.