

## **Cultivating Character Becoming People of Character workshop in Glasgow**

James A. Baughman  
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How are We Designed as Human Beings? How Do I Become a Person of Character? Presented by Dr. James A. Baughman, Ph.D.



*James A. Baughman, Ph.D*

This 23rd-24th February 2019 in Scotland, the U.K.'s northernmost country at the Mel-Milaap Community Center, Caledonian Crescent, Glasgow G12 8HQ

Cost: £15 each (Student £5)

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### **Cultivating Character**

We can learn universal insights from the great religious and moral philosophical traditions about how people are created as 'moral beings'. In addition, we can discover that certain attitudes and behaviour patterns, in keeping with this moral intention, can result in strong self-esteem and success in all our interactions.

Alternatively attitudes and actions contrary to this objective can lead to a life of misery, suffering and destructive relationships. Thus the key to creating a happy and fulfilling life appears to be in understanding how we are intended to be and the inevitable implications this proposes.

### **Saturday**

8.00 – 9.00 Arrival (Getting acquainted)

9.00 – 10.15 Presentation 1 (What is Character?)

10.15 – 11.00 Refreshment Break

11.00 – 12.30 Presentation 2

(How are We Designed as Human Beings?)

12.30 – 14.00 Lunch

14.00 – 15.30 Presentation 3 (What is the Nature of Virtue and Vice?)

15.30 – 16.00 Refreshment Break

16.00 – 17.30 Presentation 4 (Sexuality, Marriage and Family)

17.30 – 18.00 Discussion

18.00 – 19.30 Dinner

19.30 – 20.45 Presentation 5 (Exploring the Ethereal Dimension)

20.45 – 21.00 Close the day

### Sunday

8.00 – 9.00 Arrival

9.00 – 10.15 Presentation 6 (How Does Training Discipline Work?)

10.15 – 10.45 Refreshment Break

10.45 – 12.00 Presentation 7

(How Do I Become a Person of Character?)

12.00 – 12.30 Reflection/Goal Setting

12.30 – 13.00 Seminar Evaluation and Group Picture

13.00 – 14.00 Lunch and Closing

### Photos from previous workshops

